

Upper Eyelid Surgery

Cosmetic surgery to remove overhanging skin and lift drooping eyelids for a revitalised, open-eyed appearance

What is Upper Eyelid Surgery?

Upper Eyelid Surgery or Upper Blepharoplasty is an operation to treat excess skin and sagging of the upper eyelids, restore the natural upper eyelid crease, and rejuvenate the eyes.

The world-leading cosmetic surgeons at Bella Vou offer expert Upper Eyelid Surgery. Upper Blepharoplasty can lift, smooth, and refresh the skin above the eyes for a more alert, open, and youthful appearance.

Why have Upper Blepharoplasty?

Age, genetics, and sun damage can make the upper lids droop. Heavy, hooded lids can make you look tired when you're not, and the excess hanging skin can make it challenging to apply eye make-up.

Excess skin on the upper eyelid can be more than a cosmetic problem. If the loose folds hang over the eyelashes, they could block your vision. If your eyes are affecting your self-esteem or your visual function, the cosmetic surgeons at Bella Vou can help. Upper Blepharoplasty can remove overhanging skin, revitalize your appearance, restore your vision, and give your confidence a boost.

What happens in Upper Blepharoplasty?

At Bella Vou, Upper Eyelid Surgery is usually carried out under local anaesthetic. However, sedation or general anaesthetic is also available for people who would prefer not to be awake for the procedure.

The surgeon will make an incision along one of the natural lines and creases in the upper eyelid. This helps ensure the scar is discreet and unobtrusive. Your specialist will remove any excess fat, they pull loose muscle and skin tight and suture the layers into place before trimming away excess skin.

How long is the recovery from Upper Blepharoplasty?

Any surgery can cause swelling and bruising. The skin on the eyelids is thin and delicate, which increases bruising. If you don't want people to know that you have had surgery, it's a good idea to arrange a week away. The stitches, bruising, and swelling will all be apparent before this time.

The surgeons carefully place the scars in the natural crease of the upper lid. They are fine, fade quickly, and are hidden when you open your eyes. In the meantime,

concealer can be worn to hide the wound and any bruising. Your surgeon and the specialist team at Bella Vou will offer support and guidance about how to safely camouflage the area.

Quick glance guide to Upper Blepharoplasty

Procedure Time: 1 - 2 hours

Recovery: 1 week

Anaesthetic: Local anaesthetic

Hospital stay: No

Treats: Heaviness and sagging skin above the eye

Why choose Bella Vou for your Upper Blepharoplasty?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a complication, the client will be looked after throughout, without any extra charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Upper Eyelid Surgery journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment.

The consultation is an opportunity to discuss the concerns you have with your eyes. The surgeon will carefully examine your eyes and your forehead and give you an

impartial professional opinion about whether Blepharoplasty can help you achieve the appearance you want. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your surgeon before proceeding to Upper Blepharoplasty. This will give you a chance to find out more about the procedure and to ask any questions you may have.

Preparation for Upper Blepharoplasty

You'll be given individual pre-operative advice to reduce your chance of bleeding or infection and support your healthy recovery.

It's important to let your surgeon know if you're on any prescription or over-the-counter medications. You may be asked to stop taking aspirin or anti-inflammatory tablets, which can increase the risk of bruising. It's also important to stop smoking cigarettes and e-cigarettes before and after surgery because they can interrupt healthy healing.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you'll be awake for your procedure, your surgeon will greet you, explain what will happen, and offer reassurance throughout the operation.

What happens during Upper Blepharoplasty surgery?

The surgeon will cleanse the skin around your eyes and inject local anaesthetic. The area will become numb in seconds. You may feel movement and pressure during the procedure, but it will be totally pain-free. You will close your eyes during the procedure, so you can relax knowing you're in safe hands.

The surgeon makes an incision in the crease of the upper eyelid. The skin's natural folds will hide the scar. They will remove excess fat and tighten loose muscle, before smoothing the skin tightly, excising excess skin and suturing everything into place.

Finally, stitches are used to close the wound. The surgeons use a running absorbable suture under the skin. It leaves you with a much finer scar, and the stitches don't need removal.

Recovery from a Blepharoplasty

You will usually be able to go home on the day of the procedure, with no drains or drips. Swelling and bruising are normal after Blepharoplasty because the skin is thin and delicate. The staff at Bella Vou will offer analgesia, carefully monitor your recovery, and provide support every step of the way.

After one week, the nurse and wound care specialist will check your scars and make sure you're healthy and well. Most people find that bruising and swelling fades by a week to ten days. The team will offer guidance about how to safely conceal any bruising as you recover.

At around six weeks, your surgeon will check your progress and ensure that you are healthy and happy with your results. However, the Bella Vou staff are always available if you have any questions or concerns between appointments.

FAQs

Is it safe to have Anti-Wrinkle Injections with Eyelid Surgery?

If you are having Eyelid Surgery, you should avoid Anti-Wrinkle Injections on the forehead, glabella (the area between the eyebrows, under the eyebrows and crow's feet). Injections can change the overall amount of skin laxity and give a false impression of the amount of skin available. So it's essential to avoid them before your consultation and before surgery. It is, however, okay to have Anti-Wrinkle Injections immediately after the surgery or even on the day of surgery.

I have had Eyelid Surgery before. Can it be repeated?

In some people, the eyelid skin is very soft and can stretch again over time. Further skin may need to be removed to maintain the cosmetic result. Sometimes the brow drops, giving the appearance of loose skin around the eyes. If this is the case, a Brow Lift may be more appropriate than revision Eyelid Surgery. Your surgeon will be able to assess your eyes at consultation and recommend the best treatment programme for your needs.

When should I have Semi-Permanent Make-up with Eyelid Surgery?

It's advisable to have the surgery first. With Eyelid Surgery, the skin is removed, and the lid is somewhat tightened. If you have the Semi-Permanent Make-up before the surgery, this can stretch the skin and affect the lines of the tattoo. It is best to have the surgery and let this settle. You can then have the tattooing three months after surgery when the wound is fully healed, and all swelling has settled.