

## **Renuvion**

### ***Revolutionary skin tightening treatment, with minimal scarring and rapid recovery***

#### **What is Renuvion?**

Renuvion, or J Plasma, is an innovative, keyhole procedure for skin tightening. The treatment rejuvenates and tightens loose skin, with less scarring than invasive surgical techniques.

The specialist cosmetic surgeons at Bella Vou use Renuvion to apply controlled energy under the skin. The revolutionary technology uses ionized helium gas to deliver plasma energy, which makes the fibrous bands under the skin contract. The skin is pulled closer to the underlying tissue like a vacuum pack, in a way that is gentle but highly effective.

Bella Vou is one of the few clinics in the UK to offer cutting-edge Renuvion treatment. It tightens the skin and stimulates natural collagen production, providing a fresher, smoother, more youthful appearance.

#### **Why have Renuvion?**

Age and sun damage can make the skin lose elasticity so that it becomes loose, droopy, and less able to spring back after weight change or pregnancy.

Operations like tummy tucks, arm lifts, and thigh lifts can remove excess skin and fatty tissue. However, recovery can take weeks, and there can be significant scarring. Renuvion is an excellent treatment for people who want skin tightening results, without the scars and downtime of more invasive cosmetic surgery.

The surgeons at Bella Vou use Renuvion to tighten the skin in many areas of the face and body. It is used together with Vaser Liposculpture to contour and slim the body. In the hands of the skilled surgeons at Bella Vou, Renuvion can effectively lift the arms, the tummy, the buttocks, the breasts, the thighs, the knees, and the neck and face.

#### **What happens in Renuvion treatment?**

Renuvion is used in conjunction with Vaser Liposculpture. At Bella Vou, your surgeon can perform Renuvion under local or general anaesthetic, depending on the areas to be treated and whether they are carrying out any other procedures.

The specialist will make tiny incisions to introduce the Renuvion device into the skin. The device delivers a precise, controlled supply of energy that contracts the small ligaments and bands that hold the skin to the muscle, tightening the skin, stimulating collagen production, and rejuvenating the appearance.

## **How long is the recovery from Renuvion treatment?**

Your recovery following Renuvion treatment will depend on the size and location of the area treated, as well as on your general health and wellbeing.

The area may feel tight, bruised, and sore following the procedure. However, most people can get back to normal, light activities in less than a week.

## **Quick glance guide to Renuvion treatment**

**Procedure Time: Up to an hour depending on the area treated**

**Recovery: Up to a week, longer if performed with other procedures**

**Anaesthetic: Local anaesthetic with sedation. General anaesthetic**

**Hospital stay: No**

**Treats: Loose skin, wrinkles, drooping, double chin, acne scarring**

## **Why choose Bella Vou for your Renuvion treatment?**

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells. It is among the first British clinics to offer innovative Renuvion treatment.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable, stress, and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS) and named among the world's top influencers in cosmetic medicine in the prestigious RealSelf 100 awards. The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

***Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.***

## **Your Renuvion treatment journey at Bella Vou**

## **Free, no-obligation consultation**

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss any concerns you have with your skin and your appearance, the results you want to achieve, and whether Renuvion can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

*'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'*

## **Meet your surgeon**

You will be offered a further appointment with your consultant before proceeding to Renuvion treatment. This will give you a chance to find out more about the procedure, your recovery, and to ask any questions you may have.

## **Preparation for Renuvion treatment**

You may be asked to stop taking medicines, including aspirin and ibuprofen, to reduce the risk of bruising and bleeding during the procedure. Quitting smoking cigarettes and e-cigarettes can help wound healing and reduce the risk of complications.

If you have a general anaesthetic, you will be given individual advice on fasting before the procedure. On the day of your Renuvion treatment, you'll be personally welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre.

## **What happens during Renuvion treatment?**

Your surgeon will carefully clean the skin before making a tiny incision and introducing the Renuvion probe.

The specialist will make tiny incisions to introduce the Renuvion device into the skin. The probe uses radiofrequency waves to convert a stream of helium gas into a cold plasma energy source. The energy is uniquely able to heat and cool tissue almost simultaneously. The plasma makes the connective bands, holding the skin to the muscle, tighten. The skin appears firmer, smoother, and more youthful.

In addition to the immediate visible effects, Renuvion also stimulates natural collagen production. This has the effect of rejuvenating the appearance for up to a year following treatment.

### **Recovery from skin tightening treatment**

Your recovery following Renuvion treatment will depend on the size and location of the area treated, as well as on your general health and wellbeing. You will be able to go home on the day of treatment, with no drips or drains.

You will be given compression garments to reduce swelling, ease discomfort, and help with healing. These should be worn day and night until you are reviewed in the clinic. One of the Bella Vou team will give you a call the day after surgery to make sure you're well, have had a comfortable night, and to answer any questions.

The area may feel tight, bruised, and sore following the procedure. Itching, redness, and skin peeling are also common. Symptoms can last up to three weeks, but most people can get back to normal, light activities in less than a week

### **FAQs**

#### **What is the difference between J-Plasma and Renuvion treatment?**

There is no difference; they are two names for the same innovative treatment. J plasma is the name used for the ionising gas, which is inserted under the surface to tighten and rejuvenate the skin in Renuvion treatment.

#### **How long does Renuvion take to have an effect?**

Renuvion can have instant, visible results. Following treatment, you should notice improvements to the tightness, tone, and texture of the skin. However, the effects can continue to improve over the following three months.

#### **How many treatments are needed?**

Only one treatment session with Renuvion is needed for each area of skin.

#### **Can Renuvion resurface the skin?**

Yes, as well as tightening, Renuvion can also be used to resurface the skin and treat age spots, texture problems, and fine lines, and wrinkles. The specialist uses local anaesthetic and applies the Renuvion device above the skin surface. The plasma energy resurfaces and rejuvenates the skin.

#### **How long will I need to be off work?**

Your recovery time will depend on your job, your health, and the size of the area treated. Some people are fit to return in a day or two; however, others may need a

week or more to rest and recover. Your surgeon will provide you with individual advice on your rehabilitation.