

## **Plasma Skin Regeneration**

***A revolutionary non-invasive procedure to treat loose skin, lines, wrinkles, and pigmentation problems for a fresher, more youthful appearance.***

### **What is Plasma Skin Regeneration?**

Plasma Regeneration is the latest revolution in skin resurfacing. The therapy uses targeted plasma energy to precisely deliver heat to the treatment area, rejuvenating, and regenerating the skin without damaging the surrounding tissues.

Bella Vou offers Plasma Skin Regeneration (PSR) with the latest NeoGen Evo device. It converts nitrogen gas into an activated ionised form called plasma. The unique technology provides consistent, controlled rapid heating to the skin surface.

The treatment is customised to your needs. Lighter treatment addresses the early signs of ageing, such as fine lines, wrinkles, and age spots. Deeper therapy stimulates collagen remodelling in deep tissue to tighten, firm, and contour the skin.

### **Why have Plasma Skin Regeneration?**

Time, stress, and sun exposure can leave a trail of fine lines, wrinkles, and age spots on the skin. Changes to the appearance can go more than skin deep. They can affect self-esteem and wellbeing. If your skin is affecting your self-image, Plasma Skin Regeneration can treat the early signs of ageing and restore your confidence.

Plasma Skin Regeneration can treat wrinkles, lines, and patchy discolouration, even in the sensitive areas around the eyes, mouth, neck, and chest. It can target unwanted pigmentation, including sunspots and melasma.

Deeper regeneration can tighten loose skin and diminish the appearance of surface scarring, including acne scars and stretch marks. It can also treat actinic keratoses, a type of precancerous skin lesion.

### **What happens in Plasma Skin Regeneration?**

The doctors perform Plasma Skin Regeneration as an outpatient procedure using a topical anaesthetic. It takes place in Bella Vou's leading-edge treatment suite.

The probe will precisely target controlled plasma energy at the skin. The device has customised treatment settings so that the doctor can target therapy for your individual skin care needs. The treatment is quick and virtually painless.

### **How long is recovery from Plasma Skin Regeneration?**

You will be able to go home following your treatment. The Bella Vou staff will offer you a hot drink and a snack and provide advice on aftercare and sun protection.

The effects will depend on the depth of treatment. Following superficial PSR, there is minimal downtime. However, you may notice some redness, skin flaking, and irritation for three to four days after treatment.

Deep skin regeneration requires more downtime after treatment. The skin can be red, swollen, and sore for ten to fourteen days. The skin may turn brown where it has been treated before flaking and peeling to reveal fresh new skin.

Your doctor and the team at Bella Vou will recommend products to soothe your skin, effective sunblock, and provide advice on follow-up care.

### **Quick glance guide to CO2RE treatment**

**Procedure Time:** 15-30 minutes depending on the treatment area

**Recovery:** Depends on the depth of treatment

**Anaesthetic:** Topical anaesthetic

**Hospital stay:** No

**Treats:** Superficial and deep wrinkles, brown spots and discolouration, acne scars

### **Why choose Bella Vou for Plasma Skin Regeneration?**

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

***Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.***

### **Your Plasma Skin Regeneration journey at Bella Vou**

**Free, no-obligation consultation**

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have with your skin and the results you want to achieve.

Bella Vou offers bespoke rejuvenation. There is a range of treatments to reduce loose skin, wrinkles, and pigmentation problems. The specialists will examine your skin and discuss the pros and cons of each procedure so that you can decide on the right approach for you. Bella Vou will always give you an honest and impartial professional opinion. Leading cosmetic surgeon, Mr Amir Nakhdejvani says:

*'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'*

### **Preparation for Plasma Skin Regeneration**

Your specialist may recommend that you stop high strength skincare, including retinol, glycolic acid, AHA, and products containing vitamin A derivatives.

If you have a history of cold sores, your doctor may prescribe anti-viral medication. If you have any concerns, the staff at Bella Vou will always be on hand to answer your questions and offer support.

### **What happens during Plasma Skin Regeneration?**

Your Plasma Skin Regeneration will be performed in the state-of-the-art treatment suite. It is an outpatient procedure. Forty minutes before the session, the Bella Vou team will apply a numbing cream to ensure your comfort.

The doctor will use the hand-held NeoGen device to target plasma energy at the skin. The probe delivers energy in controlled pulses, causing precise, rapid heating of the tissue. The uniform deep tissue heating helps to regenerate new skin cells and stimulates new collagen and elastin formation.

The treatment is quick and virtually painless; you might feel an occasional small blast of heat.

### **Recovery from Plasma Skin Regeneration**

Most people can get straight back to their usual activities following the procedure. The staff at Bella Vou will be on hand to offer refreshments, support, and guidance on after-care.

Your skin will be red and sore immediately after Plasma Skin Regeneration. You may feel like you've got sunburn for the first day. Over the following week, the skin should start to flake and peel. The skin is very sensitive at this time and will need to be carefully protected from the sun.

The deeper, high-frequency treatment requires a longer recovery. The skin can be red, swollen, and sore for between ten days and two weeks. There may be crusting and brown patches, which will gradually peel away to reveal smoother, younger-looking skin.

Deep regeneration is a one-off procedure. However, your doctor may recommend a programme of two to four treatments at a lower frequency to achieve the very best results.

## **FAQs**

### **Could I get patchy pigmentation after treatment?**

Plasma Skin Regeneration's highly targeted treatment means that there are fewer problems with hypopigmentation or increased pigmentation after therapy; however, this is always a possibility. The doctors will carefully assess your skin to ensure Plasma Skin Regeneration is safe and appropriate for you.

### **How should I protect my skin after resurfacing?**

After any form of therapy that removes the upper layers, your skin is especially vulnerable to sunlight, so make sure you protect it with sunblock, even in cloudy Britain.

### **Who should not have PSR?**

PSR is generally safe and effective. However, some people are not suitable for treatment. The doctors at Bella Vou will provide individual advice, but may suggest alternative therapies for people with:

- Darker skin tone
- A history of keloid scarring
- Severe skin conditions including acne, psoriasis, and vitiligo
- Allergies to any of the products
- Impaired immunity
- Treatment with Tretinoin, blood-thinning medications and gold therapy in the past
- Women who are pregnant or breast-feeding