

PRP Treatment

A revolutionary treatment that harnesses your body's natural healing powers to regenerate and revitalise skin and hair.

At a Glance:

Treats: Fine line, crepiness, mild skin sagging, hair-loss

Anaesthesia: Topical anaesthetic cream

Duration: 30 Minutes

Hospital stay: No

Recovery: There is no downtime following the procedure

Treatment Overview

What is PRP Treatment?

Platelet Rich Plasma or PRP treatment is an innovative medical and aesthetic treatment that works with the body's own natural powers of healing to slow or reverse the ageing process.

The procedure was nicknamed 'the vampire facelift' as the practitioner will take a sample of your blood, treat it using a centrifuge machine, and then reinject it to increase skin repair, boost volume, and make the skin look plumper, fresher and more radiant.

PRP is rich in growth factors and proteins that aid in the body's natural healing processes. PRP can even be used as a therapeutic option for hair loss, including androgenetic alopecia - otherwise known as male or female pattern baldness.

As well as reinjection, PRP can be combined with treatments such as [Morpheus 8](#) where the practitioner will spread the extracted plasma over the treated area to help speed up healing and increase the level of collagen production.

Why have PRP Treatment?

Throughout life, our bodies have an incredible capacity to repair and restore damaged tissues. PRP treatment uses this innate healing ability to treat early signs of skin ageing. PRP can treat fine lines, crepiness, and slight sagging on the face, chest, and cleavage, plumping, smoothing, and rejuvenating the skin. PRP can also be a great treatment for hair-loss in both men and women.

The procedure hit the headlines when Kim Kardashian posted a picture on Instagram of her face while she was undergoing the revolutionary new therapy. PRP treatment is a safe, effective, non-invasive way of improving the appearance by improving skin tone, texture and hair-loss.

What Happens During PRP Treatment?

The consultant performs PRP treatment as an outpatient procedure, using a topical anaesthetic cream. The specialist will take a small sample of your blood. They will process and treat it so that the plasma and platelets are extracted and concentrated. The consultant will then reinject the platelet-rich plasma into the skin in several small injections across the treatment area. PRP can also be combined with treatments such as [Morpheus 8](#) where the practitioner spreads extracted plasma over the treated area to help speed up healing and increase the level of collagen production.

The platelets in our blood are rich in proteins that act to heal damaged tissues. When they are introduced back into the body, the platelets release these growth factors, which stimulate collagen production and the laying down of fat under the skin. Over a few weeks, the treatment increases volume, triggers skin repair, and restores a youthful glow.

How long is Recovery from PRP Treatment?

There is minimal downtime following PRP Injections. You will be able to get on with your usual activities shortly after treatment. Side effects appear to be infrequent but may include bruising, swelling, and inflammation at the injection sites.

Applying cold compresses can prevent swelling and bruising, and you should avoid touching the face or using make-up for at least six hours to prevent any infections.

Why Choose Bella Vou for PRP Treatment?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control. The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

FAQs

Is PRP treatment safe?

Yes, PRP treatment is considered safe.

Bella Vou takes infection control very seriously. The consultants use sterile, one-use needles and containers for all procedures. PRP is derived from your blood, so it is not from a donor source, so there is no opportunity for contamination, allergic reactions or infections.

What conditions can PRP treat?

PRP treatment is commonly used for:

- Skin Rejuvenation: Reducing fine lines, wrinkles, and scars.
- Hair Restoration: Stimulating hair growth and thickness.
- Joint Injuries: Assisting in healing joint injuries.
- Soft Tissue Injuries: Promoting healing of soft tissue injuries.
- Scar Improvement: Minimizing the appearance of scars.

How many PRP sessions will I need?

The number of PRP sessions you'll need depends on your specific treatment goals and the area being treated. Typically, a series of treatments spaced a few weeks apart is recommended for optimal results. Your treatment plan will be discussed during your free consultation with one of our medically trained specialists.

When will I see results from PRP treatment?

Results from PRP treatment vary from person to person, but many patients begin to notice improvements within a few weeks to a few months after treatment. Results continue to develop over time.

What is the difference between PRP & PRF treatment?

PRP (Platelet-Rich Plasma) and PRF (Platelet-Rich Fibrin) are two different treatments designed to enhance skin appearance by harnessing the patient's own blood components.

PRP involves injecting concentrated platelets into the skin, containing growth factors that stimulate collagen and elastin production, improving skin texture and reducing scars and stretch marks. PRF is similar to PRP but has a higher platelet concentration and more potent growth factor release. It also

includes fibrin, supporting tissue repair and regeneration. PRP is created by concentrating platelets into a serum, while PRF involves a fibrin matrix to create a more stable injectable product.

Benefits vary: PRP mainly improves skin texture, tone, and reduces fine lines, while PRF promotes overall skin health and collagen production.

Duration differs too, with PRP effects being shorter-lived compared to PRF.

In summary, both PRP and PRF injections offer effective ways to enhance skin health, including around the eyes. While they share similarities, there are distinct differences, which the Medical Specialists at Bella Vou can discuss before your treatment. They will provide personalised advice, helping you understand the benefits and potential risks of each treatment as well as tailoring a plan to suit your needs.

How do I know what facial treatments to have?

Bella Vou offers a range of aesthetic treatments and surgical procedures to address the signs of skin ageing.

The right one for you will depend on your skin and the issues that worry you the most. That's why Bella Vou offers bespoke care. Come for a free thirty-minute consultation. The specialist will examine your skin, discuss your concerns, and explain the best ways of achieving your goals.

Your PRP Journey at Bella Vou

Step 1: Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have and the results you want to achieve.

Bella Vou provides a bespoke and holistic rejuvenation service. The specialists will carefully examine your face, checking skin elasticity, volume loss, sagging, and lines or wrinkles. In careful consultation with you, they will tailor a treatment programme to achieve your goals. Bella Vou will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdjevani says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Step 2: Preparing for PRP Treatment

You will be asked to stop taking some medicines such as aspirin and ibuprofen to prevent bruising and bleeding before your treatment.

Due to the nature of the therapy, people with bleeding problems, liver disease, platelet deficiency, or using anticoagulant medication are not suitable for PRP therapy. If you have any concerns, the staff at Bella You are always on hand to answer your questions and offer support.

Step3: What happens during PRP treatment?

PRP treatment is carried out as an outpatient procedure. Before treatment, the skin specialist will apply a topical anaesthetic cream to numb the skin and ensure your comfort.

The specialist will take a 10-20 ml sample of your blood. This is processed and treated so that the plasma and platelets are extracted and concentrated. The consultant will then reintroduce the platelet-rich plasma into the skin in a series of microinjections or in addition to other treatments such as [Morpheus 8](#) or micro-needling.

The whole procedure usually takes around one hour. Skin rejuvenation is progressive. It can take several weeks for the full results of therapy to become apparent. The specialist may recommend a course of three treatments for improved outcomes that can last up to eighteen months.

Step 5: How long is recovery from PRP treatment?

After the procedure, most people can go home and get on with normal activities. However, the staff at Bella You are always on hand to offer you refreshments and answer any questions.

There is minimal downtime. You will be able to get on with your usual activities. Side effects are uncommon, but you may notice some bruising, swelling, and some inflammation at the treated sites.

Applying cold compresses and sleeping on two pillows can prevent swelling and bruising. It's also important not to touch the face or apply make-up for at least six hours to prevent any post-procedure infections.