

PRP Injections

Revolutionary treatment that harnesses your natural body's natural healing powers to regenerate and revitalise the skin

What are PRP Injections?

Platelet Rich Plasma or PRP treatment is an innovative aesthetic treatment that works with the body's own natural powers of healing to slow or reverse the ageing process.

The procedure was nicknamed 'the vampire facelift' because it takes a sample of your blood, treats it, then reinjects it to increase skin repair, boost volume, and make the skin look plumper, fresher and more radiant.

Why have PRP Injections?

Throughout life, our bodies have an incredible capacity to repair and restore damaged tissues. PRP treatment uses this innate healing ability to treat early signs of skin ageing. The injections can treat fine lines, crepiness, and slight sagging on the face, chest, and cleavage, plumping, smoothing, and rejuvenating the skin.

The procedure hit the headlines when Kim Kardashian posted a picture on Instagram of her face while she was undergoing the revolutionary new therapy. PRP injections are a safe, effective, non-invasive way of improving the appearance by improving skin tone and texture.

What happens in PRP Injections?

The consultant performs PRP Injection as an outpatient procedure, using a topical anaesthetic.

The specialist will take a small sample of your blood. They will process and treat it so that the plasma and platelets are extracted and concentrated. The consultant will then reinject the platelet-rich plasma into the skin in several small injections across the treatment area.

The platelets in our blood are rich in proteins that act to heal damaged tissues. When they are injected back into the body, the platelets release these growth factors, which stimulate collagen production and the laying down of fat under the skin. Over a few weeks, the treatment increases volume, triggers skin repair, and restores a youthful glow.

How long is recovery from PRP Injections?

There is minimal downtime following PRP Injections. You will be able to get on with your usual activities. Side effects appear to be infrequent but may include bruising, swelling, and inflammation at the injection sites.

Applying cold compresses can prevent swelling and bruising, and you should avoid touching the face or using make-up for at least six hours to prevent any infections.

Quick glance guide to PRP Injections

Procedure Time: 60 minutes

Recovery: There is no downtime following the procedure

Anaesthetic: Topical anaesthetic cream

Hospital stay: No

Treats: Fine line, crepiness, mild skin sagging

Why choose Bella Vou for PRP Injections?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your PRP Injections journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have and the results you want to achieve.

Bella Vou provides a bespoke and holistic rejuvenation service. The specialists will carefully examine your face, checking skin elasticity, volume loss, sagging, and lines or wrinkles. In careful consultation with you, they will tailor a treatment programme to achieve your goals. Bella Vou will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdeh says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Preparation for PRP Injections

You will be asked to stop taking some medicines such as aspirin and ibuprofen to prevent bruising and bleeding before your treatment.

Due to the nature of the therapy, people with bleeding problems, liver disease, platelet deficiency, or using anticoagulant medication are not suitable for PRP therapy. If you have any concerns, the staff at Bella Vou are always on hand to answer your questions and offer support.

What happens during PRP Injections?

PRP Injection is carried out as an outpatient procedure. Before treatment, the skin specialist will apply a topical anaesthetic cream to numb the skin and ensure your comfort.

The specialist will take a 10-20ml sample of your blood. This is processed and treated so that the plasma and platelets are extracted and concentrated. The consultant will then reinject the platelet-rich plasma into the skin in a series of microinjections.

The whole procedure usually takes around one hour. The skin rejuvenation is progressive. It can take several weeks for the full results of therapy to become apparent. The specialist may recommend a course of three treatments for improved outcomes that can last up to eighteen months.

How long is recovery from PRP Injections?

After the procedure, most people can go home and get on with normal activities. However, the staff at Bella Vou are always on hand to offer you refreshments and answer any questions.

There is minimal downtime. You will be able to get on with your usual activities. Side effects are uncommon, but you may notice include bruising, swelling, and some inflammation at the injection sites.

Applying cold compresses and sleeping on two pillows can prevent swelling and bruising. It's also important not to touch the face or apply make-up for at least six hours to prevent any post-procedure infections.

Recovery from PRP Injections

The skin may be a little red and irritated for a few days after treatment. Your skin may also be more sensitive, so careful sun-protection is essential.

FAQs

How do I know what facial treatments to have?

Bella Vou offers a range of aesthetic treatments and surgical procedures to address the signs of skin ageing.

The right one for you will depend on your skin and the issues that worry you the most. That's why Bella Vou offers bespoke care. Come for a free thirty-minute consultation. The specialist will examine your skin, discuss your concerns, and explain the best ways of achieving your goals.

Could I get HIV from this treatment?

Bella Vou takes infection control very seriously. The consultants use sterile, one-use needles and containers for all procedures. PRP is derived from your blood, so it is not from a donor source, so there is no opportunity for contamination.