

Microneedling

Non-invasive treatment that stimulates collagen production and skin repair-leaving you with smoother, firmer skin.

Microneedling is a procedure that uses ultra-fine needles to make multiple, tiny pricks in the skin. The punctures stimulate the body's natural healing response and increase collagen and elastin production. Microneedling is frequently used to treat facial scarring, enlarged pores, wrinkles and other signs of ageing. Following a course of treatment, the skin appears plumped, smoother and rejuvenated.

What is Microneedling?

Microneedling is a non-invasive skin treatment. Dr Uma uses a dermaroller with multiple small needles to make a number of small punctures in the skin. Each of these holes triggers a wound healing response to repair the skin cells. As a result, there is increased production of the skin's vital collagen and elastin. The skin appears plumper, more even and renewed.

Why have Microneedling?

Microneedling is an effective treatment that can address a range of skin problems, including scarring, pigmentation and skin ageing. It is particularly useful for people with darker skin, because unlike alternative rejuvenating treatments like laser resurfacing or peels, it doesn't cause pigmentation problems.

Microneedling can help:

- Rejuvenate dull, tired and lifeless skin.
- Reduce fine lines and wrinkles.
- Smooth scarring from acne or chicken pox.
- Fade uneven pigmentation due to age or sun damage.
- Improve the appearance of stretch marks.

A course of at least four treatments may be needed to achieve the very best results. The specialists at Bella Vou can offer individual guidance and advice.

What happens in Microneedling?

Dr Uma uses a dermaroller with small needles to make a series of tiny punctures in the surface of the skin. The process can sting a little, however the team at Bella Vou will apply a topical anaesthetic cream to numb the area and maintain your comfort.

How long is recovery from Microneedling?

You should be able to get on with your usual activities immediately following the procedure. However, some mild redness and irritation is normal for a few days after

treatment. The team will recommend products to soothe your skin and provide advice on follow-up care.

Most patients notice an improvement in their skin following treatment. But a programme of repeat sessions may be necessary to achieve the very best cosmetic results.

Quick glance guide to Microneedling

Procedure Time: Up to 2 hours, allowing for preparation and topical anaesthetic application

Recovery: There is no downtime following the procedure

Anaesthetic: Topical anaesthetic cream

Hospital stay: No

Treats: Scars, pigmentation and skin ageing.

Why choose Bella Vou for Microneedling?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want, and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards. The staff at Bella Vou are professional, highly qualified and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort and discretion of a spa and the hospitality of a five star hotel.

Your Microneedling journey at Bella Vou

Free, no obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have, the results you want to achieve and whether microneedling can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Preparation for Microneedling

No specific preparation is needed for your therapy. However, Dr Uma may ask you to stop taking some medicines such as aspirin and ibuprofen to prevent bruising and bleeding. It may also be necessary to stop using topical retinoid preparations.

If you have any concerns the staff at Bella Vou will always be on hand to answer your questions and offer support.

What happens during Microneedling?

Microneedling is carried out as an outpatient procedure. Before treatment, the skin specialist will apply a topical anaesthetic cream to numb the skin and ensure your comfort.

Dr Uma will use a pen-like device to make multiple tiny punctures in the skin. They will carefully move the roller across your skin, ensuring an even distribution of punctures. This ensures that the fresh, new skin that develops will also be smooth and even.

Recovery from Microneedling

After the procedure most people are able to go home and get on with normal activities. However, the staff at Bella Vou are always on hand to offer you a drink or a snack and answer any questions.

The pinpricks are tiny, so you are unlikely to notice them. However, the skin may be a little red and irritated for a few days after treatment. Your skin may also be more sensitive, so careful sun-protection is essential.

FAQs

Can Microneedling be used on the body?

Microneedling can be used to treat skin problems on the body as well as the face. Scarring, pigmentation and stretch marks can all be addressed. The cost of treatment depends on the size of the surface to be treated.

Speak to a specialist at Bella Vou to find out the best treatment to get the results you want.

Is Microneedling the same as home rollers?

Microneedling is a highly technical procedure performed in specialist clinics, under expert supervision.

Home dermarollers create more shallow punctures, which are less likely to trigger a wound healing response. Consequently they are less effective as a method of rejuvenation, although they may make your skin appear brighter.