

Lip Lift

Surgery to reshape the lips and enhance the definition of the cupid's bow

What is a Lip Lift?

A Lip Lift is an operation that permanently improves the shape of the lips without increasing the volume. The procedure reveals more of the red part (the vermillion) of the upper lip, enhancing the definition of the cupid's bow and reducing the distance between the nose and the lip to create a more attractive contour.

Why have a Lip Lift?

Celebrities and social media have driven a demand for treatments to improve the contour and size of the lips. A Lip Lift can permanently improve the shape of the lips, without increasing the overall volume.

A Lip Lift modifies the cosmetic appearance of the lips. It can help people who are unhappy with the shape of their lips and are looking for a permanent, surgical solution.

The right Lip Lift for you will depend on the shape of your mouth and what bothers you. People with a thin upper lip and a flattened cupid's bow will benefit from a central Lip Lift. If the corners of your lips are thin and downturned, then a corner or valentine Lip Lift will give upturned corners.

What happens in Lip Lift surgery?

At Bella Vou, a Lip Lift is usually performed under local anaesthetic. It is done as a day case procedure, meaning you won't need to stay in hospital overnight.

The surgeon makes incisions under the nostrils, in the shape of a bull's horn. The scars are carefully placed within the skin's natural folds and creases so that they are discrete. Skin is removed from just below the margin between the nose and the lip. This exposes more of the red part of the lip and makes the shape of the mouth more appealing.

How long is the recovery from Lip Lift surgery?

Some swelling and bruising are normal after a Lip Lift. However, there is minimal downtime; you should be able to return to normal activities within a few days.

The stitches are removed after a week. Before this, the stitches, bruising, and swelling around the nose will be visible. If you do not want people to know that you have had surgery, it's sensible to arrange a week away.

Quick glance guide to Lip Lift surgery

Procedure Time: 60 - 90 minutes

Recovery: 3 days to a week

Anaesthetic: Local anaesthetic

Hospital stay: No

Treats: Thin upper lip and long area between nose and mouth. Downturned corners of the mouth

Why choose Bella Vou for your Lip Lift?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable, stress, and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Lip Lift journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss the concerns you have with your lips, the results you want to achieve, and whether a Lip Lift can help you reach those goals.

The surgeon will carefully examine the shape and volume of your upper and lower lips and assess your mouth's symmetry and balance. They can advise whether a Lip Lift, surgical augmentation, or the injection of fillers can provide the best results.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your consultant before proceeding to Lip Lift treatment. This will give you a chance to find out more about the procedure and to ask any questions you may have.

Preparation for Lip Lift surgery

You'll be given individual pre-operative advice to reduce your risk of infection and help your recovery.

Let your surgeon know about any prescription or over-the-counter medications you take. You may be asked to stop taking aspirin or anti-inflammatory medicines, which can increase the chance of bruising and bleeding. It's essential to stop smoking cigarettes and e-cigarettes, which can slow down the healing process.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you'll be awake for your procedure, your surgeon will greet you, explain what will happen, and offer reassurance throughout the operation.

What happens during Lip Lift surgery?

After cleansing the skin, the surgeon will inject local anaesthetic, so that the area is completely numb. You will feel some movement and pressure during the procedure, but it will be pain-free.

Your consultant will make a bull's horn-shaped incision under the nose. They will then excise carefully measured amounts of skin to lift and reshape the upper lip. The surgeon will suture the incisions closed. The stitches remain in place for a week before being removed by the wound care specialist at Bella Vou.

Recovery from Lip Lift surgery

You will be able to go home on the day of the procedure. Any discomfort is easily controlled with oral medication, and cold compresses will reduce pain and swelling and help with healing. The staff at Bella Vou will carefully monitor your recovery and provide support every step of the way.

After a week, the wound care specialist and nurse will check your scar and remove the fine stitches. At around six weeks, your surgeon will check your progress, and at six months, the nurse and wound care specialist will see you again to ensure that you remain healthy, well, and happy with your results. However, if you have any questions or concerns, the staff at Bella Vou are always on hand to offer support, day and night.

FAQs

How do I know if I need a Lip Lift or augmentation?

Your surgeon at Bella Vou will carefully examine the shape and volume of your upper and lower lips and assess your mouth's symmetry and balance. They can advise whether a Lip Lift, surgical augmentation, or the injection of fillers can provide the best results.

If you have a long columella (the area between your nose and your upper lip), the face can look longer and less attractive. The average distance between the base of the nose and the upper lip is around a third of the gap between the lower lip and the bottom of the chin. If there's an imbalance, a lip-lift can restore the correct ratio, enhance the cupid's bow and make the mouth more aesthetically pleasing.

If the corners of your mouth are downturned, you will probably require a corner Lip Lift. Your surgeon will discuss the options with you in detail to ensure you have the best result possible.

How is the recovery?

There is minimal downtime following a Lip Lift. Bruising may be apparent for a couple of days, and your lips will be swollen, but you should be able to return to work within a few days.

Your nose can be quite swollen for a week or two following the surgery. This will generally resolve as the wounds settle down.

Do I need a central and corner Lip Lift?

The right surgery for you will depend on the shape of your mouth and what concerns you. If you have a thin upper lip and the cupid's bow is quite flattened, then a central Lip Lift will be necessary. If the corners of your lips are thin and downturned, then a corner Lip Lift will also be required. Your surgeon will carefully examine your mouth, listen to your concerns, and recommend the best treatment to get the result you want.

Can I still have filler in my lips? What if I want a lip implant

Lip Filler can still be given following the surgery. However, it's sensible to wait at least two weeks after the operation to allow the external wounds to heal.

You can have a lip implant at the same time as a Lip Lift, or this can be carried out at a later stage. A Lip Lift might give you the look you desire so that you do not have to combine this with an implant.

Your surgeons will discuss this with you in detail during your consultation to make sure you achieve the look you want.

What is the Valentine Lip Lift?

The Valentine Lip Lift is another name for a Corner Lip Lift. The operation lifts the corners of the mouth. Depending on your mouth and your anatomy, this may be carried out at the same time as a Lip Lift to prevent the formation of an excessively downturned mouth.