

## **Lip Filler**

***Non-surgical treatment to temporarily augment and reshape the lips for a perfect pout.***

### **What are Lip Fillers?**

Lip Fillers are non-surgical treatments to boost the volume of the lips. Injections of specially-formulated hyaluronic acid gel can enlarge the lips, define the contour, and restore symmetry to the mouth.

Lip augmentation with fillers is temporary. The specialists inject lip fillers that act immediately to plump the pout but are gradually reabsorbed by the body's natural processes, remaining effective for nearly a year.

News items and photos of poorly performed surgery and trout pouts may make you nervous. The professionals at Bella Vou are highly-skilled, experienced, and have a light touch, to ensure beautifully natural-looking results.

### **Why have Lip Fillers?**

Full lips are associated with youth and beauty. Women have enhanced their mouths with make-up since Egyptian times. Recently, celebrities and social media images have made a generous mouth and bee-stung lips increasingly desirable. Fillers can make the lips bigger, balance out uneven lip contours, and create the perfect pout.

If you're self-conscious about your mouth, your lips have shrunk with age, or you want to look your best for a special occasion, lip fillers can give your lips and your confidence a boost. Some people also use fillers to test how they look before moving on to more permanent augmentation.

### **What happens in Lip Fillers?**

The consultant injects Dermal Filler as an outpatient procedure. Bella Vou offers a range of hyaluronic acid fillers; the specialists use Juvederm by Allergan, which is the market leader. There are various formulations, which provide different results and last for differing times. Your specialist will recommend the best for your needs, with a single treatment usually lasting up to a year.

Forty-five minutes before treatment, the team at Bella Vou will apply a topical anaesthetic cream and apply cold packs to numb this sensitive area.

The consultant injects small amounts of filler through a fine needle to increase the size of the lips and produce a pouting appearance. Following filler injection, your specialist will gently massage the area to ensure that the filler is spread evenly.

### **How long is recovery from Lip Fillers?**

The specialists frequently perform lip Fillers at Bella Vou. The treatment is quick, safe and effective, producing results that last for almost a year.

There is minimal downtime following the procedure. You will be able to get on with your usual activities. However, soreness, swelling a little bruising is normal for a few days after treatment. Ice packs can reduce swelling and ease discomfort.

The team will advise on follow-up care, recommend concealer to camouflage any problems, and offer support and guidance as you recover.

### **Quick glance guide to Lip Fillers**

**Procedure Time:** 15 minutes

**Recovery:** There is no downtime following the procedure

**Anaesthetic:** Topical anaesthetic cream

**Hospital stay:** No

**Treats:** Signs of ageing around the eyes, brow, mouth, and forehead

### **Why choose Bella Vou for Lip Fillers?**

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

***Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.***

### **Your Lip Fillers journey at Bella Vou**

#### **Free, no-obligation consultation**

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have with your lips and the results you want to achieve.

Bella Vou provides a bespoke and holistic rejuvenation service. The specialists will carefully examine your mouth and check lip volume and symmetry. In careful consultation with you, they will tailor treatment to achieve the look you want.

Bella Vou will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdjevani says:

*'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'*

### **Preparation for Lip Fillers**

Proper preparation before Lip Filler injections can reduce bruising and improve your recovery. You should:

- Avoid alcohol a day before treatment.
- Avoid any herbal medication for one week before injections.
- Stop any blood-thinning treatments, including aspirin and ibuprofen, for one week. Ask your specialist or your GP for advice before stopping prescribed medication.
- Avoid fillers if you have your period.

If you have any questions, the staff at Bella Vou will always be on hand to answer your questions and offer support.

### **What happens during Lip Fillers?**

Lip Fillers are injected as an outpatient procedure. Forty-five minutes before treatment, the staff at Bella Vou will apply a topical anaesthetic cream and place cold packs to numb the lips and ensure your comfort.

The specialist will carefully inject filler using a fine needle. They will place it along the border of the lips, in the white hairless line that surrounds the red vermilion of the mouth. This increases the size of the lips and gives a pouting appearance.

Your consultant will build up the volume slowly and gradually. Multiple small injections allow control, ensuring you get the size and shape you want. Lip volume can be progressively increased over several treatments, if necessary.

Following filler injection, your specialist will gently massage the area to ensure that the filler is spread evenly.

### **Recovery from Lip Fillers**

After the procedure, most people can go home and get on with normal activities. However, the staff at Bella Vou are always on hand to offer you a drink or a snack and answer any questions.

There is minimal downtime following the procedure. You will be able to get on with your usual activities; however, mild redness, small lumps, and a little bruising are normal for a few days after treatment.

Applying cold packs and sleeping with your head raised on a couple of pillows can reduce swelling and bruising. The team will advise on follow-up care and offer support and guidance at any time.

## **FAQs**

### **Are Lip Fillers painful?**

The team at Bella Vou is dedicated to ensuring your comfort during treatment. The lips are a very sensitive area. They will apply a topical anaesthetic before the procedure and place ice packs to numb the skin and reduce pain.

The needle is very fine, so discomfort should be transient.

### **How long does the effect last?**

The time the filler lasts varies between individuals. Also, differing formulations can have different effects. Most lip fillers last up to a year. Your specialist will take you through the options and make recommendations.

### **Will someone be able to tell I've had lip fillers if they kiss me?**

Fillers are designed to look and feel natural. No one should be able to tell by looking, or kissing, that you've had Temporary Lip Augmentation. So, you can kiss with confidence!

### **Are there any side effects to Lip Fillers?**

Some bruising or swelling can occur after injections, but this is typically minor and settles within a few days. Injections to fill the lip do swell a bit more in the first few days after treatment. Very rarely, an allergic reaction could occur.

### **Can anybody have Lip Fillers?**

If you are known to have an allergy if you are pregnant or breastfeeding, you should not have fillers. If you have a cold sore or another skin complaint adjacent to the intended area of treatment, you should wait until this has settled before having a filler.

### **Can I wear make-up after Dermal Fillers?**

On the day of treatment, you should not have make-up on the area to be treated. You can use make-up again, as usual, the day after your filler treatment.

**Can Lip Fillers be reversed?**

If you don't like the look of your lips after the hyaluronic acid has been injected, the treatment can be reversed by injecting an enzyme which dissolves most types of filler.

**Should I have filler If I'm on my period?**

The experts at Bella Vou advise against having filler during menstruation, the injections tend to be more uncomfortable despite local anaesthetic, and there are far more episodes of patients feeling faint or nauseated following the injections.