

Lip Augmentation

Surgery to permanently enlarge the lips and give a full, natural-looking pout

What is Lip Augmentation?

Lip Augmentation is surgery to treat small, unbalanced or asymmetrical lips permanently. The surgeon places specially-designed silicone implants into the lip, to increase the size of the upper lip, the bottom lip, or both. Lip Augmentation can boost the lip volume, improve the mouth's balance, and create lips that are full, youthful, and attractive.

Why have Lip Augmentation?

Celebrity surgery and social media stories have made a generous pout highly desirable. Surgical Lip Augmentation has become an increasingly popular procedure for people who want fuller lips, but don't want to have to undergo repeated treatment with temporary injectables.

Lip Augmentation can increase the size of the lips, restore balance to asymmetrical mouths and create a full, youthful pout. The use of hyaluronic filler can achieve similar results, but fillers are temporary, meaning that regular, repeated treatments are necessary to maintain the effects. Surgical Lip Augmentation produces permanent results.

What happens in Lip Augmentation surgery?

At Bella Vou, Lip Augmentation is performed under local anaesthetic. It is done as a day case procedure, meaning you won't need to stay in hospital overnight.

The surgeon makes small incisions inside the mouth so that the scars are discreet and hidden. They insert soft silicone implants to increase the size of the lips. The implants come in different sizes and lengths to suit your individual mouth shape.

The implants are designed to increase the natural outward curvature of the lips and reveal more of the red, inside surface. The surgery maintains the shape of the cupid's bow and restores harmony and balance between the upper and lower lips.

How long is the recovery from Lip Augmentation surgery?

Some discomfort and swelling are normal following Lip Augmentation surgery. This usually settles within a few days to a week. After this period, the lips should look and feel natural.

Quick glance guide to Lip Augmentation surgery

Procedure Time: 40 minutes- 1 hour

Recovery: Bruising and swelling for up to a week

Anaesthetic: Local anaesthetic

Hospital stay: No

Treats: Thin, unbalanced or asymmetrical lips

Why choose Bella Vou for your Lip Augmentation?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable, stress, and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control safeguards.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Lip Augmentation journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss any concerns you have with your lips, the results you want to achieve, and whether Lip Augmentation surgery can help you reach those goals.

The surgeon will carefully examine the shape and volume of your upper and lower lips and assess your mouth's symmetry and balance. Bella Vou will always give you an honest and impartial professional opinion about whether surgery will provide the results you are looking for. Mr Amir Nakhdejvani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressure people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your consultant again before proceeding to Lip Augmentation surgery. This will give you a chance to find out more about the procedure and ask any questions you may have.

Preparation for Lip Augmentation surgery

You'll be given individual pre-operative advice to reduce your risk of infection and help your recovery.

Let your surgeon know about any prescription or over-the-counter medications you take. You may be asked to stop taking aspirin or anti-inflammatory medicines, which can increase the chance of bruising and bleeding. It's essential to stop smoking cigarettes and e-cigarettes, which can slow down the healing process.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you'll be awake for your procedure, your surgeon will greet you, explain what will happen, and provide support throughout the operation.

What happens during Lip Augmentation surgery?

At Bella Vou, Lip Augmentation is performed under local anaesthetic. It is done as a day case procedure, meaning you won't need to stay in hospital overnight.

The surgeon will inject local anaesthetic, like in a dental block, so that the area is completely numb. You will feel some movement and pressure during the procedure, but it will be pain-free.

Your consultant will make two tiny incisions inside the lip so that the scars are discreet and hidden from view. They will then carefully create a tunnel under the surface and insert the soft, silicone implant.

The implant increases the outward curve of the lips and reveals more of the inner, red surface, creating a fuller, more attractive contour. The surgeon will suture the incisions closed using absorbable stitches that don't need to be removed.

Recovery from Lip Augmentation surgery

You will be able to go home on the day of the procedure. Any discomfort is easily controlled with over-the-counter medication, and cold compresses will reduce swelling and help healing. The staff at Bella Vou will carefully monitor your recovery and provide support every step of the way.

Some swelling is normal following surgery; this usually settles within a few days to a week. After a week, the nurse and wound care specialist will check your scars and ensure you're healthy and well. At around six weeks, your surgeon will check your

progress, and at six months, you'll be offered a follow-up check to ensure that you remain healthy and happy with your results. However, if you have any questions or concerns, the staff at Bella Vou are always on hand to offer support, day and night

FAQs

Is there a danger of getting a trout pout?

The surgeons at Bella Vou are committed to achieving natural-looking results that enhance your appearance. The implants are designed to improve the natural outward curvature of the lips and reveal more of the red, inside surface of the lips. The surgery keeps the cupid's bow and aims to maintain harmony and balance between the upper and lower lips.

Will someone be able to tell I've had lip augmentation if they kiss me?

The implants are designed to look and feel natural. No one should be able to tell by looking, or kissing, that you've had Lip Augmentation. The only way you can feel the implants is if you squeeze them between your fingers. So, you can kiss with confidence!

How else can you augment the lips?

Temporary lip augmentation can be achieved using injectable fillers. Bella Vou offers a range of fillers to add fullness and volume, define the lip line, treat lines around the mouth, and corrective uneven lips. The specialists use Juvederm by Allergan, which is the market leader. There are various options, depending on what result you are looking to achieve.

The treatment is performed under topical anaesthetic as an outpatient. Half an hour before treatment, the staff at Bella Vou will apply a numbing cream on and around your lips. The anaesthetic lessens the sensation of the needle, helping to maintain your comfort. The specialist injects filler through a fine needle to increase the lip volume and restore balance.

Can I still have lip filler following implants?

Yes, for people that would like to go bigger than the available implants, further filler is possible. The implant length depends on the size of your mouth. However, the width is fixed to 3, 4, or 5mm.

How do you size the implants?

The surgeon will choose the implant that best suits your mouth and the results you want to achieve. The largest implant available has a thickness of 5mm at its thickest point. The length varies according to your mouth size. Your surgeon will measure this to determine what length of implants are required. A 5mm implant equates to

about 1.5ml of injectable filler. Your consultant will be able to show you photographs so that you fully understand the process and the likely results.