#### **CO2RE Laser Resurfacing Treatment**

Innovative CO2RE therapy to remove the dull outer layer of skin to reveal a smoother, brighter younger-looking skin

# What is CO2RE Resurfacing Treatment?

CO2RE is a revolutionary laser therapy that resurfaces and regenerates the skin for a smoother, fresher, and more radiant complexion.

Bella Vou offers the CO2RE laser, which provides precise, adaptable skin resurfacing. The treatment uses targeted energy to remove part of the surface of the skin in a process known as Fractional Resurfacing.

The treatment is customised to your needs. Lighter treatments can treat fine lines, uneven pigmentation, and tone, tighten and brighten the appearance. Deeper therapy triggers a healing response in the tissues and stimulates collagen and elastin formation for more dramatic effects and plumper, stronger, younger-looking skin.

### Why have CO2RE Resurfacing Treatment?

Age, sun damage, acne, or just the stresses and strains of life can leave our skin uneven, bumpy, grey, and lifeless.

Resurfacing with the revolutionary CO2RE laser can improve signs of ageing and sun damage, such as fine lines and wrinkles, scarring and age spots, and help you look refreshed and revitalised.

Bella Vou offers bespoke rejuvenation. CO2RE Laser Treatment is one of several ways of resurfacing the skin, removing dead cells, and improving the appearance. Alternatives include Chemical Peels and Microdermabrasion; the specialists will examine your skin and discuss the pros and cons of each treatment so that you can decide on the right approach for you.

### What happens in CO2RE laser treatment?

The doctors perform CO2RE treatment as an outpatient procedure. It takes place in Bella Vou's leading-edge laser treatment suite. The type of anaesthetic will depend on the depth of therapy planned and the size of the treatment area.

The probe will precisely target controlled CO2 energy at the skin. The device has four treatment settings so that the doctor can customise therapy for your skincare needs.

The energy vaporises damaged skin on the surface. It can also be used to penetrate deeper to stimulate the body to produce collagen and create new, tighter skin with fewer blemishes.

### How long is recovery from CO2RE treatment?

There's no downtime following CO2RE treatment. The Bella Vou staff will offer you a hot drink and a snack if you need time to recover, but most people can get straight back to their usual activities following the procedure.

The effects will depend on the depth of treatment. Your skin will be red and sore immediately after Laser Resurfacing. Over the following week, the skin should flake and peel. The skin is very sensitive at this time and will need to be carefully protected from the sun.

Your consultant and the team at Bella Vou will offer advice, guidance, and support throughout your recovery.

# Quick glance guide to CO2RE treatment

Procedure Time: 20-60 minutes depending on the treatment area

**Recovery:** No downtime

Anaesthetic: Topical, local anaesthetic

Hospital stay: No

Treats: Superficial and deep wrinkles, brown spots and discolouration, acne scars

# Why choose Bella Vou for CO2RE Laser Resurfacing?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your CO2RE treatment journey at Bella Vou

#### Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have with your skin, the results you want to achieve, and check if you're suitable for laser treatment.

Bella Vou will always give you an honest and impartial professional opinion. Leading cosmetic surgeon, Mr Amir Nakhdjevani says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

#### **Preparation for CO2RE treatment**

If you have any concerns, the staff at Bella Vou will always be on hand to answer your questions and offer support.

### What happens during CO2RE treatment?

Your CO2RE treatment will be performed in the state-of-the-art laser treatment suite. It is an outpatient procedure; the anaesthetic will depend on your preferences and the depth of the resurfacing. Bella Vou offers numbing cream, local anaesthetic, regional blocks, and sedation to ensure your comfort.

The doctor will use the laser probe to precisely target CO2 energy at the surface of the skin, working systematically over the treatment area to ensure even, consistent results.

#### **Recovery from CO2RE treatment**

There's little downtime following CO2RE Laser Resurfacing Treatment. Precisely targeted energy reduces bruising, swelling, and inflammation. Most people can get straight back to their usual activities following the procedure. However, the staff at Bella Vou will be on hand to offer refreshments, support, and guidance on after-care.

Your skin will be red and sore immediately after Laser Resurfacing. You may feel like you've got sunburn for the first day. Over the following week, the skin should start to flake and peel, showing that the resurfacing treatment has been effective. The skin is very sensitive at this time and will need to be carefully protected from the sun.

Most people notice an improvement in symptoms after just one session. However, the specialist may recommend a programme of three treatments for maximum benefit.

#### **FAQs**

# **Could I get patchy pigmentation after treatment?**

Laser's highly directed approach, together with technical developments, means that there are fewer problems with hypopigmentation or increased pigmentation after therapy; however this is always a possibility. The doctors will carefully assess your skin to ensure Laser Resurfacing is safe and appropriate for you.

## How should I protect my skin after resurfacing?

After any form of therapy that removes the upper layers, your skin is especially vulnerable to sunlight, so make sure you protect it with sunblock, even in cloudy Britain.