

Sunekos Skin Rejuvenation

Reverse the signs of aging & improve self-confidence by rejuvenating and revitalising your skin

Why Sunekos for Face?

The building blocks of healthy skin are Collagen and Elastin, but as we age our bodies production of these proteins slows, skin loses its elasticity becoming loose or saggy and fine lines and wrinkles increase.

Boosting the production of Collagen and Elastin then, holds the key to restoring vibrancy and revitalising the skin. Incredibly, Sunekos have unlocked a way to dramatically increase the body's own production of these proteins through their patented intelligent injectables thus dramatically slowing and even reversing the aging process.

Quick glance guide to Sunekos for Face

- Treats: Signs of aging around the eyes, brow, mouth, forehead, neck and décolletage
- Anaesthetic: Topical anaesthetic cream
- Duration: 15 minutes
- Hospital Stay: No
- Recovery: There is no downtime following the procedure

What does Sunekos Performa do?

Sunekos tightens the skin, improving its appearance and reducing fine lines and wrinkles. It also improves the texture of the skin, making it look fresher and more youthful which in turn improves self-esteem and confidence.

What areas can Sunekos treat?

Sunekos can be used to smooth and tighten the skin across the whole face but is particularly effective at addressing dark circles and bags under the eyes, lines around the eyes (crows feet), lines around the mouth and laxity in the neck (sometimes referred to as a turkey neck).

How does Sunekos work?

Fibroblasts are the cells responsible for the production of the proteins collagen and elastin (the building blocks of healthy youthful skin), but as we age these fibroblast cells slow their production of these proteins. Additionally, there is a significant drop off in the production of collagen and elastin in women that have gone through the menopause.

Sunekos is designed to target the fibroblasts, giving them the amino acids and hyaluronic acids that they need, to stimulate them into boosting their production of collagen and elastin again. As well as improving the functioning of the fibroblast cells, Sunekos also sets about improving the environment that the collagen and elastin are being released into, meaning that they last longer.

The key thing that makes Sunekos so special is that it produces collagen and elastin in the same ratio that the body needs it in, meaning that it lasts longer giving better and longer lasting results.

When can I expect to see results?

Sunekos acts in a physiological way, and it is common to see improvements after the first session.

How many treatments will I require?

A Sunekos treatment course typically consists of 3 to 4 treatments depending on the severity of the laxity. The initial treatment is to activate the collagen and elastin production process, the second treatment starts the rebuilding and remodeling of the skin and the third & fourth treatments are designed to set the process. These treatments each take place 2 to 3 weeks apart due to the cumulative effect of each treatment. It is then advisable to have an additional treatment at the 6-month point.

We would expect to repeat the process again at 12 to 18-months for maximum benefit

What happens in a Sunekos Treatment?

The aesthetic doctor will map out the areas that are to be treated. Once mapped they will use the cannula method to apply the Sunekos in the desired volumes. The cannula method dramatically reduces the risk of bruising. The whole treatment will take approximately 15 minutes depending on the size of the area to be treated.

How long will it take to see my results?

Most patients report seeing significant results by the time they come back for their second treatment with improvements being reported right up to their 6 month top-up treatment.

How does Sunekos compare to other aesthetic treatments?

[Anti-wrinkle injections](#): These can be used to relax facial muscles and smooth lines and wrinkles. They don't however do anything to improve the quality or texture of the skin.

[Dermal Fillers](#): These are used to revolumise the face, creating a more youthful appearance, but as with anti-wrinkle injections, they do nothing to improve the quality or texture of the skin

[PDO Threads](#): Threads improve the structure of the face, lifting sagging skin and reducing jowls. As with the treatments above, they do not address the texture or quality of the skin.

[Morpheus 8](#): This treatment does improve the texture and quality of the skin, however the downtime can prove prohibitive to some people. A Sunekos treatment takes 10 to 15 minutes to complete while a Morpheus 8 treatment can take up to an hour. During your consultation the aesthetic doctor can advise on the best options based on your specific age and skin quality.

[CO2RE Laser Resurfacing](#): This treatment does improve the texture and quality of the skin, however, as with Morpheus 8, the downtime can prove prohibitive to some people. During your consultation the aesthetic doctor can advise on the best options based on your specific age and skin quality.

Why choose Bella Vou for my Sunekos treatment?

Dr Mark Holmes is a Sunekos Global Key Opinion Leader and Bella Vou's preeminent Aesthetic doctor. Dr Holmes is the senior key opinion leader for the UK and has trained the other UK Sunekos trainers. He has already presented Sunekos at the Aesthetics & Anti-aging Medicine World Conference in Monte Carlo in May 2022 and is already scheduled to present at the three biggest aesthetic conferences in 2023 and the Aesthetics & Anti-aging Medicine World Conference in Monte Carlo, the IMCAS World Congress in Paris and Derma Dubai. Dr Holmes has also written numerous articles

including, most recently, for PRIME Journal: Aesthetic Anti-ageing Medicine then leading authority in aesthetic and anti-ageing medicine.

FAQ's

Q: Is it painful?

A: Sunekos is one of the more comfortable aesthetic treatments and is relatively painless

Q: What is the downtime?

A: There is no downtime after a treatment

Q: What are the potential complications?

A: There are few possible complications, but the worst you could expect is some mild bruising or swelling

Q: Is Sunekos a filler?

A: No, while Sunekos is injected into the skin in a similar way to dermal fillers it is designed to improve the quality and texture of the skin while filler is injected to change the underlying shape or fill in depressions.

Q: Is Sunekos an anti-wrinkle injection?

A: No, while Sunekos is injected into the skin in a similar way to anti-wrinkle injections, it is designed to improve the quality and texture of the skin while anti-wrinkle injections are used to relax facial muscles, by blocking the chemical mechanism between a muscle and nerve, and smooth lines and wrinkles.

Q: How long does a Sunekos treatment take?

A: A Sunekos treatment can take between 10 and 15 minutes depending on the extent of the area being treated.

Q: How many treatments will I require?

A: A Sunekos treatment course typically consists of 3 to 4 treatments depending on the severity of the laxity. The initial treatment is to activate the collagen and elastin production process, the second treatment starts the rebuilding and remodelling of the skin and the third & fourth treatments are designed to set the process. These treatments each take place 2 to 3 weeks apart due to the cumulative effect of each treatment. It is then advisable to have an additional treatment at the 6-month point.

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Your Simple 4-step Sunekos Journey with Bella Vou

Free No Obligation Consultation

Bella Vou offers every client a free consultation with an expert aesthetic doctor or an accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss any concerns you have, the results you want to achieve, and whether Morpheus 8 can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether a treatment or surgery is right for them. We treat everyone as if they were our family. We might turn people away, suggest alternative treatments, or we may suggest that they go to a different specialist at another establishment. Bella Vou, never pressurise people or try to sell procedures. It's about giving an honest opinion and honest advice.'

Preparation for Sunekos

Careful preparation before Sunekos treatments can further reduce bruising and improve results. You should:

- Avoid alcohol a day before treatment.
- Avoid any herbal medication for one week before injections.
- Stop any blood-thinning treatments, including aspirin and ibuprofen, for one week before the procedure.
- Avoid any filler treatments when you have your period.
- If you have any questions, the staff at Bella Vou will always be on hand to answer your questions and offer support.

What happens during Sunekos Treatment?

The aesthetic doctor will map out the areas that are to be treated. Once mapped they will use the cannula method to apply the Sunekos to the required areas in the desired volumes. The cannula method dramatically reduces the risk of bruising. The whole treatment will take approximately 15 minutes depending on the size of the area to be treated.

Recovery from Dermal Fillers

After the procedure, most people can go home and get on with normal activities. However, the staff at Bella You are always on hand to offer you a drink or a snack and answer any questions.

There is minimal downtime following the procedure. You will be able to get on with your usual activities; however, mild redness, small lumps, and a little bruising are normal for a few days after treatment.

Applying cold packs and sleeping with your head raised on a couple of pillows can reduce swelling and bruising. The team will advise on follow-up care and offer support and guidance at any time.