

Eyelid Surgery

Cosmetic surgery to remove loose or puffy skin on the eyes to refresh and rejuvenate the appearance

What is Eyelid Surgery?

Eyelid Surgery or Blepharoplasty is an operation to remove sagging skin and bags from around the eyes and correct any puffiness to give a brighter, rejuvenated, and open-eyed appearance.

The highly-skilled cosmetic surgeons at Bella Vou provide Eyelid Surgery or Blepharoplasty for the upper and lower lids. Blepharoplasty can treat loose skin and bags on the lower eyelids, excess skin and sagging of the upper eyelids, and the loss of the natural upper eyelid crease.

Eyelid surgery can lift, freshen, and smooth the skin around the eyes for a fresher, more youthful appearance.

Why have Eyelid Surgery?

The eyes have been described as the windows to the soul. But drooping lids and bulging bags can detract from our greatest assets. Puffiness and loose skin around the eyes can be ageing and can sometimes block vision.

Ageing and sun damage can cause the skin around the eye to lose elasticity and become loose and wrinkly. However, illness and genetics can make some of us more likely to develop eye bags, even when relatively young. If puffy, baggy eyes are making you look tired and older, Eyelid Surgery at Bella Vou can help revitalise your appearance and restore your confidence.

What happens in Blepharoplasty?

At Bella Vou, Eyelid Surgery is usually carried out under local anaesthetic. However, sedation and general anaesthetic are also available for people who would prefer not to be awake for the procedure.

Upper Eyelid Surgery: In Upper Blepharoplasty, the surgeon removes excess skin and fatty tissue to leave the upper lid skin tighter and fresher in appearance.

Lower Eyelid Surgery: In Lower Blepharoplasty, the surgeon treats bags under the eyes. They excise excess skin and remove or reshape the fat pads to lift, smooth and contour the area between the lower eyelid and the cheeks.

How long is the recovery from Blepharoplasty?

Any surgery can cause swelling and bruising. The skin around the eyelids is fragile and delicate, so bruising and swelling can be more extensive, lasting seven to ten days after the operation. Concealer can be worn soon after the procedure. Your surgeon and the specialist team at Bella Vou will offer support and guidance about how to safely camouflage the area.

You will need to arrange a week away if you do not want people to know that you have had surgery, as the stitches will be visible during this time, as will the bruising and swelling. The scars are carefully placed in the natural folds and creases of the skin. They fade very quickly to become invisible within a few weeks.

Quick glance guide to Blepharoplasty

Procedure Time: 1 - 2 hours

Recovery: 1 week

Anaesthetic: Local anaesthetic

Hospital stay: No

Treats: Droopy eyelids and bags under the eye

Why choose Bella Vou for your Blepharoplasty?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Eyelid Surgery journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon. There is no obligation to proceed to treatment. The consultation is an opportunity to discuss any concerns you have with your eyes, and receive an impartial professional opinion about whether Eyelid Surgery can help you get the appearance you desire. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your surgeon before proceeding to Blepharoplasty. This will give you a chance to find out more about the procedure and to ask any questions you may have.

Preparation for Blepharoplasty

You'll be given individual pre-operative advice to reduce your chance of bleeding or infection and support your healthy recovery.

It's important to let your surgeon know if you're on any prescription or over-the-counter medications. You may be asked to stop taking aspirin or anti-inflammatory tablets, which can increase the risk of bruising. It's also important to stop smoking cigarettes and e-cigarettes before and after surgery because they can disrupt the healing process.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you'll be awake for your procedure, your surgeon will greet you, explain what will happen, and offer reassurance throughout the operation.

What happens during Blepharoplasty surgery?

The procedure will depend on whether you are having Upper or Lower Eyelid Surgery. However, before both operations, the surgeon will cleanse the skin, then inject local anaesthetic so that the area is completely numb. You will feel some movement and pressure during the procedure, but it will be pain-free.

Upper Eyelid Surgery: The surgeon makes an incision along one of the natural lines and creases in the lid, to camouflage any scarring. Any excess fat is removed; the loose muscle and skin are pulled tightly and sutured into place. Any excess skin is trimmed away. Finally, fine stitches are used to close the wound.

Lower Eyelid Surgery: A cut is made along the lower lash line to minimize scarring. Excess fat and loose skin are excised, the fat pads are lifted, and the contour

between the lower eyelid and the cheeks is smoothed. Fine sutures are used to stitch the wound closed.

Recovery from a Blepharoplasty

You will usually be able to go home on the day of the procedure, with no drains or drips. Swelling and bruising are normal after Blepharoplasty because the skin is thin and delicate. The staff at Bella Vou will offer analgesia, carefully monitor your recovery, and provide support every step of the way.

After one week, the nurse and wound care specialist will check your scars and remove any sutures. Most people find that bruising and swelling fades by a week to ten days. The team will offer guidance about how to safely conceal any bruising as you recover.

At around six weeks, your surgeon will check your progress and ensure that you are healthy and happy with your results. However, the Bella Vou staff are always available if you have any questions or concerns between appointments.

FAQs

How long will the bruising last?

Any surgery around the eye will invariably result in bruising as the skin here is very thin. The way the body heals is dependent on several factors, such as the way the skin is handled by the surgeon, the extent of surgery, and your skin type. Most patients tend to develop bruising that fades by 7-10 days.

How can you tell if I need a Brow Lift or Eyelid Surgery?

The specialist cosmetic surgeon at Bella Vou will examine your bone structure, brow position, skin elasticity, and the thickness of your skin. This will help to determine what will be the most appropriate surgery for your eyes so that you get the changes you want.

Is local or general anaesthetic best for me?

Eyelid surgery is easily achievable under local anaesthetic as an outpatient procedure for most patients. If you are nervous or unsure about this, a general anaesthetic or sedation can be used. I would, however, reassure you. Most of Bella Vou's patients find the experience relaxing and stress-free. We are careful to make sure the area is completely numb, and we chat throughout the procedure so that each individual is confident that they are in safe hands.

As a surgeon, it helps me get to know my patients even better and builds a bond with them, which isn't possible with a general anaesthetic. But don't just take my word for it, look at videos of real patient experiences on the website, our patients are Bella Vou's best adverts.

Will I lose sensation in the area following surgery? Will the shape of my eyes change?

There is usually very little sensory change in the area following Blepharoplasty. You will feel numb following the surgery due to the effects of the anaesthetic. This will last for a few hours following the surgery. Your eyes will be swollen and look slightly pulled initially, due to the swelling following the surgery. As the swelling resolves, the eyes will regain their natural shape.