

Earlobe Reduction and Repair

Specialist surgery to lift, reshape and repair the earlobes

What is Earlobe Reduction and Repair?

Earlobe Correction or Lobuloplasty is surgery to lift, resize, or repair the earlobes. Skin ageing and the effects of gravity can make the earlobes thin, long, saggy, and wrinkled. Wearing heavy earrings can make things worse, dragging them down and sometimes splitting or tearing the ear lobes. The specialist surgeons at Bella Vou can repair any damage, reduce the size of stretched lobes, restore symmetry, and rejuvenate the earlobes.

Why have Earlobe Reduction and Repair?

Over time, the skin on the earlobe loses elasticity. The lobes can become stretched, misshapen, and dangly. Earrings can elongate and tear the lobe, which looks unsightly and can stop you wearing the jewellery you love.

If you're self-conscious about the size or shape of your ear lobes, or if the lobes have split so that you can't wear earrings, the surgeons at Bella Vou can help. Earlobe Reduction and Repair can reshape, repair, and refresh the earlobes so that the ears appear smooth and rejuvenated. You'll be able to tie your hair up, wear earrings, and push your hair behind your ears, with confidence.

What happens in Earlobe Reduction and Repair surgery?

Earlobe Reduction and Repair is performed under local anaesthetic as a day case, so you won't need to stay in hospital overnight.

The surgeon makes an incision in the skin behind the ear so that the scars are discreet and hidden. They carefully excise a segment of skin and tissue to decrease the size of the earlobe and remove any areas that have split.

The surgeon then sutures the lobe back together, creating a neater, more youthful-looking earlobe.

How long is the recovery from Earlobe Reduction and Repair surgery?

There is minimal downtime following Lobuloplasty surgery. It's normal for the earlobes to swell, they may look like grapes in the early days! However, this settles well over the first few weeks.

The new lobes look very natural, and nobody should be able to tell that you've had surgery on them. The scars will take two to three months to heal fully and gain strength. After this stage, you will be able to re-pierce the ears and wear earrings again.

Quick glance guide to Earlobe Reduction and Repair surgery

Procedure Time: 1 hour

Recovery: 1 day. Re-piercing after 2-3 months

Anaesthetic: Local anaesthetic

Hospital stay: No

Treats: Split, torn or stretched earlobes

Why choose Bella Vou for your Earlobe Reduction and Repair?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled team is passionate about helping people achieve the results they want but also making their experience enjoyable and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Earlobe Reduction and Repair journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss the concerns you have with your ears, the results you want to achieve, and whether surgery is the best way to reach those goals. Sometimes, fillers can be injected as an alternative way of temporarily lifting and rejuvenating the lobes.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your consultant before proceeding to Earlobe Reduction and Repair. This will give you a chance to find out more about the procedure and to ask any questions you may have.

Preparation for Earlobe Reduction and Repair surgery

Earlobe Reduction and Repair is usually a straightforward procedure. You may be asked to stop taking over-the-counter medicines such as aspirin and ibuprofen, which can increase the risk of bleeding. Quitting smoking cigarettes and e-cigarettes can help wound healing and reduce the risk of complications.

On the day of your Lobuloplasty, you'll be personally welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre.

What happens during Earlobe Reduction and Repair surgery?

The surgeon will cleanse the ears and inject local anaesthetic. Within a few seconds, the area will be numb. You will be able to feel movement, but the procedure will be pain-free.

The surgeon will make a small cut in the skin behind the ear, then carefully excise the stretched skin and remove any areas that have torn. The skin will be refashioned and sutured together in layers with different strength sutures.

In most cases, absorbable stitches are used, but for some people, non-absorbable stitches are required, which will be removed 5 to 7 days after surgery.

Recovery from Earlobe Reduction and Repair surgery

You will be able to go home on the day of the procedure. The scar will be covered with showerproof dressing tape to protect the wound.

After five to seven days, the nurse and wound care specialist will check your scars, remove the tape, and any non-absorbable sutures and ensure you're healthy and well. After two weeks, you will be advised to massage and moisturise the scar to speed up the healing and soften the scar. The staff at Bella Vou will carefully monitor your recovery and provide support every step of the way.

At around six weeks, your surgeon will check your progress, and at six months, you'll be offered a follow-up check to ensure that you remain healthy and happy with your results. However, if you have any questions or concerns, the staff at Bella You are always on hand to offer support, day and night.

FAQs

When can I pierce my ears again?

The scars will take around two to three months to heal fully and gain strength. After this stage, it is usually safe to re-pierce on the same site. Most people can enjoy wearing earrings again, although it's sensible to avoid very heavy jewellery.

Can the earlobe be reduced if it's too long?

Earlobe Reduction is an effective operation to make the earlobes smaller, neater, and more youthful-looking.

What are the benefits of Earlobe Repair and Reduction surgery?

Lobuloplasty can address many problems with the earlobes. These include:

- Repairing and realigning split or torn earlobes.
- Normalising the appearance of elongated or stretched earlobes.
- Repairing previously torn ears so that earrings can be worn again.

Is the scar obvious?

The scar is placed on the back of the ear. Therefore, it is quite discreet and unobtrusive.

Can I go back to exercising straight away?

We advise you to refrain from exercise for at least two weeks following surgery. After this time, light exercise can be resumed from two to four weeks. By six weeks you should be back to normal activity.

When can I massage the scar?

The stitches will be removed after five to seven days. Following this, the wound will gradually gain strength. Gentle massage can be started after two weeks. However, it's advisable to avoid strenuous massage until at least four weeks. After that, you should massage the scar to soften it and improve the cosmetic appearance.