

Ear Pinning

Ear Pinning surgery to reshape the ears and make them less prominent

What is Ear Pinning?

Ear Pinning or Pinnaplasty is surgery to reshape the ears and pin them back so that they don't stick out. Ear correction surgery can transform the size, shape, and prominence of the ears. Bella Vou provides Pinnaplasty by highly-skilled cosmetic surgeons and a comfortable, supportive environment in which to recover.

Why have Ear Pinning?

Some people with prominent ears suffer teasing and taunts that last beyond the school playground. Pinnaplasty can treat ears that stick out or are large, asymmetrical, or out of proportion with your features. If your ears make you self-conscious and are affecting your self-esteem, ear correction surgery can alter their size, contour, and profile and restore your confidence.

What happens in Ear Pinning Surgery?

Ear correction surgery is carried out under local anaesthetic. It is a day-case procedure, so you won't have to stay in hospital overnight.

The specialist surgeon makes small cuts in the skin behind the ears and then re-shapes, folds, or removes some of the cartilage to transform the appearance of the ears. The ears are secured in their new position, close to the head, with stitches. If there is asymmetry between your ears, the surgeon can correct this, for a more balanced, harmonious appearance.

How long is the recovery from Ear Pinning Surgery?

It's normal for the ears to be bruised and swollen after surgery. This gradually settles over the following two to three weeks. As you recover, the specialists at Bella Vou recommend that a headband is worn at night to maintain your comfort and to protect the ears. The headband should be worn for four to six weeks. The final result of your Ear Pinning surgery should be apparent after three months

Quick glance guide to Ear Pinning surgery

Procedure Time: 2-3 hours

Recovery: 1 week.

Anaesthetic: Local anaesthetic. Local anaesthetic with sedation

Hospital stay: No

Treats: Large and asymmetric ears that stick out

Why choose Bella Vou for your Ear Pinning?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Ear Pinning journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss the concerns you have with your ears, the results you want to achieve, and whether Ear Pinning can help you reach those goals. The surgeon will examine the size, shape, and position of the ears and determine the changes needed for you to get the transformation you want.

Bella Vou will always give you an impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered a further appointment with your consultant before proceeding to Ear Pinning treatment. This will give you a chance to find out more about the procedure and to ask any questions you may have.

Preparation for Ear Pinning surgery

The staff at Bella Vou will give you individual pre-operative advice to reduce your risk of bleeding and infection, and help your recovery.

Let your surgeon know about any prescription or over-the-counter medications you take. You may be asked to stop taking aspirin or anti-inflammatory medicines, which can increase the chance of bruising and bleeding. Quitting smoking cigarettes and e-cigarettes can help wound healing and reduce the risk of complications.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you'll be awake for your procedure, your surgeon will greet you, explain what will happen, and provide support throughout the operation.

What happens during Ear Pinning Surgery?

The surgeon will inject local anaesthetic so that the area is numb. They will make incisions in the skin behind the ears so that they can modify the shape, size, and position of cartilage.

Depending on your ears and your personal preferences, the surgeon will carefully reshape, fold, or remove some of the cartilage to resize and recontour the ears. The ears are secured close to the head with stitches, which will need to be removed after a week.

Recovery from Ear Pinning surgery

Following surgery, you will be able to go home the same day; there are no drains or dressings. It's normal for the ears to be bruised, sore, and swollen after surgery; discomfort can be controlled with over-the-counter medication. The staff at Bella Vou will carefully monitor your recovery and provide support every step of the way.

The swelling will gradually settle over the first few weeks, as you recover you should wear a headband is worn at night, to maintain your comfort and to protect the ears. After a week, the nurse and wound care specialist will check your scars, remove the stitches, and ensure you're healthy and well.

At around six weeks, your surgeon will check your progress, and at six months, the nurse and wound care specialist will see you again to ensure that you remain healthy, well, and happy with your results. However, if you have any questions or concerns, the staff at Bella Vou are always on hand to offer guidance, day and night.

FAQs

Can I exercise after Pinnaplasty?

You should take it easy and avoid strenuous activity for two to three weeks following ear correction surgery. Gradually increase exercise as you regain fitness, by six weeks you should be back to normal.

How long should I wear the headband?

The headband supports the ears, maintains their position, and stops them from getting knocked or disturbed at night. You should wear it every night for four to six weeks, or as recommended by your surgeon.