

Dermal Fillers

Injections to plump, smooth and lift the skin for a younger, more contoured look

What are Dermal Fillers?

Dermal Fillers are one of the most popular anti-ageing treatments. A hyaluronic acid gel is injected to restore volume, fill wrinkles, and lift and rejuvenate the appearance. Fillers provide instant rejuvenation with minimal downtime.

Bella You offers precise injection of high-quality hyaluronic acid. The expert practitioners have extensive knowledge of facial structure and anatomy to ensure the very best aesthetic results.

Why have Dermal Fillers?

Loss of volume is one of the first signs of ageing. It can cause the face to droop, and lines and dark shadows appear, making the face look tired and drawn. Dermal Fillers temporarily replace lost facial fullness to treat lines and wrinkles and lift and recontour the face.

If you're worried about lines around the nose and mouth, deep creases between the lips and cheeks, or dark hollows under the eyes, Dermal Fillers can help. Injections of fillers can help you look your best for a special occasion, treat the earliest signs of ageing, and restore a youthful appearance.

Bella You provides bespoke Dermal Filler injections to address your individual concerns. Treatments include:

Dermal Fillers for nasolabial lines: Filler can treat lines from the nose to the corner of the mouth by smoothing the contour or restoring fullness in the cheeks and mid-face.

Dermal Fillers for marionette lines: Lines between the mouth and chin can make the corners of the mouth turn down, making you look of sad or disapproving. Filler can soften lines and replace volume in the middle of the face to lift the area.

Cheek Fillers: Cheek flattening is an early sign of ageing. It results in the loss of the youthful contour and also has an impact on the rest of the face, making the under-eyes appear hollow and creating lines and drooping around the nose and mouth. Carefully placed filler can lift and rejuvenate the whole appearance.

Tear trough fillers: Injecting fillers underneath the eyes requires specialist skills. The professionals at Bella You have extensive experience and expertise in the area. They can inject filler into the tear troughs, or treat the area around the cheeks to contour and lift the skin and soften the tear trough.

Fillers for forehead lines and glabella lines: Forehead wrinkles and ‘number elevens’ are often treated by smoothing the area with anti-wrinkle injections. However, Bella You offers bespoke rejuvenation. If the lines are deep or resistant, filler can improve the appearance.

Lip Fillers: Injections temporarily augment the lips; they can also define and contour the lips for a fuller, more balanced mouth.

Dermal Fillers for smoker's lines: Injection of filler into vertical lines around the lips can soften and smooth out smoker's lines.

Nose Reshaping: Injecting fillers into the nose can even out lumps and bumps, smoothing the contour so that the nose appears smaller, more symmetrical, and more in proportion.

What happens in Dermal Fillers?

The consultant injects Dermal Filler as an outpatient procedure. Bella You offers a range of hyaluronic acid fillers; the specialists use Juvederm by Allergan, which is the market leader. There are various formulations, depending on the results you are want to achieve.

Forty-five minutes before treatment, the team at Bella You will apply a topical anaesthetic cream to numb the area. This will reduce discomfort during treatment. The specialist injects the filler through a fine needle. It is injected into or under the dermis, the deepest layer of the skin, restoring volume, and pushing up and flattening the creases or wrinkles.

Following filler injection, your specialist will gently massage the area to ensure that the filler is spread evenly.

How long is recovery from Dermal Fillers?

Dermal Fillers are commonly performed, safe treatments that have effects that last for almost a year.

There is minimal downtime following the procedure. You will be able to get on with your usual activities; however, mild redness, small lumps, and a little bruising are typical for a few days after treatment. The team will advise on follow-up care and recommend concealer to camouflage any problems.

Quick glance guide to Dermal Fillers

Procedure Time: 15 minutes

Recovery: There is no downtime following the procedure

Anaesthetic: Topical anaesthetic cream

Hospital stay: No

Treats: Signs of ageing around the eyes, brow, mouth, and forehead

Why choose Bella You for Dermal Fillers?

Bella You offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella You is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled staff is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella You offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella You are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella You combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Dermal Fillers journey at Bella You

Free, no-obligation consultation

Bella You offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have and the results you want to achieve.

Bella You provides a bespoke and holistic rejuvenation service. The specialists will carefully examine your face, checking skin elasticity, volume loss, sagging, and lines or wrinkles. In careful consultation with you, they will tailor a treatment programme to achieve your goals.

Bella You will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdjevani says:

'At Bella You, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Preparation for Dermal Fillers

Careful preparation before Dermal Filler injections can reduce bruising and improve results. You should:

- Avoid alcohol a day before treatment.
- Avoid any herbal medication for one week before injections.
- Stop any blood-thinning treatments, including aspirin and ibuprofen, for one week. Talk to the specialist or your GP for advice.
- Avoid fillers if you have your period.

What happens during Dermal Fillers?

Dermal Fillers are injected as an outpatient procedure. Forty-five minutes before treatment, the skin specialist will apply a topical anaesthetic cream to numb the skin and ensure your comfort.

The specialist will carefully inject the filler using a fine needle. They will place it into or under the dermis, the deepest layer of the skin. They will precisely locate the gel to flatten wrinkles, fill creases, restore volume and lift and rejuvenate the face.

Following filler injection, your specialist will gently massage the area to ensure that the filler is spread evenly.

Recovery from Dermal Fillers

After the procedure, most people can go home and get on with normal activities. However, the staff at Bella You are always on hand to offer you a drink or a snack and answer any questions.

There is minimal downtime following the procedure. You will be able to get on with your usual activities; however, mild redness, small lumps, and a little bruising are normal for a few days after treatment.

Applying cold packs and sleeping with your head raised on a couple of pillows can reduce swelling and bruising. The team will advise on follow-up care and offer support and guidance at any time.

FAQs

Are Dermal Fillers painful?

The team at Bella You is dedicated to ensuring your comfort during treatment. They will apply a topical anaesthetic before the procedure to numb the skin and reduce pain.

The needle is very fine, so discomfort should be transient.

How long does the effect last?

The time the filler lasts varies between individuals; also, differing formulations can have different effects. Many dermal fillers last up to a year. Your specialist will take you through the options and make recommendations.

Do Dermal Fillers have side effects?

Some bruising or swelling can occur after injections, but this is typically minor and settles within a few days. Injections to fill the lip do swell a bit more in the first few days after treatment. Very rarely, an allergic reaction could occur.

Can anybody have Dermal Fillers?

If you are known to have an allergy if you are pregnant or breastfeeding, you should not have fillers. If you have a cold sore or another skin complaint adjacent to the intended area of treatment, you should wait until this has settled before having a filler.

Why is my specialist recommending cheek injections when my problem is wrinkle around my mouth?

The specialists have an in-depth knowledge of anatomy. They will carefully place the filler so that it addresses your concerns. Small amounts of filler can smooth and soften wrinkles, but too much filler into the lower face can make you look puffy, square, and unnatural. Instead, your consultant may restore volume in the middle of the face to restore a youthful contour. This has the effect of lifting the whole area and also reducing nasolabial and marionette lines.

Can I wear make-up after Dermal Fillers?

On the day of treatment, you should not apply make-up to the area to be treated. You can use make-up again, as usual, the day after your filler treatment.

Can Dermal Fillers be reversed?

If you don't like the look of your face after the hyaluronic acid has been injected, the treatment can be reversed by injecting an enzyme which dissolves most types of filler.

Should I have filler if I'm on my period?

We advise against having filler around the time of the month as the injections tend to be more uncomfortable. The specialists at Bella Vou have observed far more episodes of patients feeling faint or nauseated following the injections at this time.