

Deep Oscillation® Therapy

An innovative physical therapy to reduce swelling and accelerate healing after surgery

Deep Oscillation Therapy ® is a treatment that has been clinically proven to reduce pain, swelling, bruising and inflammation. The therapy encourages wound healing and reduces the risk of developing unsightly scars. Deep Oscillation Therapy aids with fluid and toxin drainage and improves the quality of the tissue, working in many ways to boost skin and tissue healing.

What is Deep Oscillation® Therapy?

Deep Oscillation® Therapy is unique physical therapy that reduces tissue inflammation, decreases swelling and speeds up wound healing.

The therapy uses electrostatic energy to knead deep, damaged tissue that cannot be effectively reached by manual massage. The electrostatic waves permeate the skin and can manipulate wounds and injuries up to 8cm below the skin surface.

Deep Oscillation® techniques enable the therapists at Bella Vou to treat previously 'untreatable' injuries using minimal physical pressure. As a result, flexibility is restored, the blood supply to the area is boosted and there is accelerated regeneration of wounds and injuries.

Why have Deep Oscillation® Therapy?

At Bella Vou, Deep Oscillation® Therapy is frequently used together with Manual Lymphatic Drainage to improve post-operative healing.

Electrostatic impulses are applied to the affected area. They are uniquely able to permeate deeply below the surface of the skin, manipulating the damaged tissue.

Deep Oscillation® Therapy is a highly effective way of reducing inflammation, swelling and bruising in the connective tissues; therefore decreasing pain and speeding up healing time after surgery.

Deep Oscillation® Therapy for cellulite and lipoedema

Deep Oscillation® can be used as a treatment for lipoedema and can also improve the appearance of cellulite.

Treatment stimulates the flow of blood and lymphatic fluid in the skin and soft tissues, reducing inflammation and helping excess fluid drain away. This prevents connective tissue thickening and reduces cellulite formation. It can also decrease skin cell sensitivity to the female hormone oestrogen.

In tests on people with cellulite, skin elasticity increased, fibrosis was reduced and the thighs and buttocks appeared smoother. Overall, Deep Oscillation® Therapy was an effective treatment for cellulite in eight out of ten people affected.

What happens in Deep Oscillation® Therapy?

Deep Oscillation can be delivered via massage or through a specially-designed applicator. These create an effective electrostatic field. As the device or the hands glide over the area, the tissue layers are alternately attracted and released creating oscillations in the skin and tissues below. The pulses can be felt, but the sensation is gentle, pleasant and pain free.

How long is recovery from Deep Oscillation® Therapy?

Most people can get on with normal activities following treatment. However, for anyone recovering from surgery it's important to follow your surgeon's post-operative advice.

The therapy has rapid effects, with many patients experiencing less pain and improved mobility within as little as 10-15 minutes.

Quick glance guide to Deep Oscillation® Therapy

Procedure Time: Depends on the area to be treated, but around 30 minutes

Recovery: There is no downtime following the procedure

Anaesthetic: No anaesthetic necessary

Hospital stay: No

Treats: Improves post-operative healing. Treats cellulite and lipoedema.

Why choose Bella Vou for Deep Oscillation® Therapy?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want, and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards. The staff at Bella Vou are professional, highly qualified and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort and discretion of a spa and the hospitality of a five star hotel.

Your Deep Oscillation® Therapy journey at Bella Vou

Free, no obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have with your skin and your appearance, the results you want to achieve and whether we can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

‘At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.’

Preparation for Deep Oscillation® Therapy

No specific preparation is needed for your therapy. If you have any concerns the staff at Bella Vou will always be on hand to answer your questions and offer support.

What happens during Deep Oscillation® Therapy

Deep Oscillation® Therapy is carried out as an outpatient procedure. It is not painful, so no anaesthetic is necessary.

Before treatment starts, you will be asked to hold a titanium element in your hand and powder will be applied to the skin surface to facilitate massage.

The specialist therapist will apply the electrostatic current using an applicator or their hands, covered in vinyl gloves. The hands or the device gently glide over the skin. The electrostatic impulses make the tissue oscillate, creating a kneading effect and helping improve drainage, reduce inflammation and decrease pain.

No pressure needs to be applied for the therapy to be effective, making treatment gentle, pleasant and relaxing. Pain is significantly reduced within 10-15 minutes, and the area may feel lighter and more mobile.

Recovery from Deep Oscillation® Therapy

After the procedure most people are able to go home and get on with normal activities. However, the staff at Bella Vou are always on hand to offer you a drink or a snack and answer any questions.

FAQs

What Is The Advantage Of Treatment With Deep Oscillation®?

Deep Oscillation Therapy is able to address deep areas of tissue damage, making it uniquely effective in treating deep wounds and injuries.

The treatment uses an electrostatic field which permeates 8cm below the skin surface. Manual massage and other external, physical therapies cannot penetrate this far without causing pain or damage to other tissues. Therefore, Deep Oscillation® is particularly gentle, making it an effective option for postoperative treatment and the management of recent injuries.

Has Deep Oscillation® been proven to be effective?

Many studies have investigated Deep Oscillation® Therapy. The treatment has been shown to be effective in several representative clinical studies. It has been demonstrated to stimulate wounds healing, Inhibits inflammation, decrease oedema and tissue fibrosis and treat cellulite.

Does Deep Oscillation® replace other forms of therapy?

Deep Oscillation® does not replace other therapies. Many treatments including Lymphatic Drainage Massage can also offer benefits. At Bella Vou the therapies are often used in conjunction. The effects are intensified, so that the patient achieves the best outcome.

Is Deep Oscillation® the same as TENS or ultrasound?

Deep Oscillation® is a unique physical therapy that is patented and FDA approved. It is not the same as either TENS or Ultrasound treatment. Deep Oscillation® uses an electrostatic field. It does not apply heat or an electrical pulse, making it safe to use over any implanted plates and pins.