

Concept™ Face and Neck Lift

A cutting-edge Face and Neck Lift for a natural, youthful appearance and a rapid recovery

What is the Concept™ Face and Neck Lift?

The Concept™ Face and Neck Lift is an innovative operation that treats jowls, wrinkles, and sagging. The surgery lift tightens and smooths the skin and muscles of the face and neck to make you look rejuvenated and refreshed.

The leading cosmetic surgeons at Bella Vou developed The Concept™ Face and Neck Lift is a less invasive alternative to traditional surgical techniques. It lifts and restores the appearance in a way that looks natural, not fixed, frozen, or mask-like.

The procedure is performed under local anaesthetic, ensuring a quicker recovery, reduced bruising, and less downtime, so that you can quickly get back to enjoying a full and active life.

Why have the Concept™ Face and Neck Lift?

Time, sun damage, gravity, stress, and weight loss can all take their toll on the appearance, making the jawline slack, the neck saggy, and the skin wrinkled and loose. Facial drooping and deep lines and creases can make you look cross and tired, no matter how happy and rested you feel.

If you're unhappy with your appearance, or the ravages of time are affecting your confidence and self-esteem, Bella Vou's expert cosmetic surgeons can help. The Concept™ Face and Neck Lift tightens and smooths the skin and muscles on the face and neck to define the jawline and restore a fresher, more youthful appearance.

Ageing of the face and neck go hand in hand. Performing surgery on one can highlight ageing in the other. The Concept™ Face and Neck Lift is usually formed as a single procedure to create a more natural, blended, and harmonious result.

What happens in a Concept™ Face and Neck Lift?

The Concept™ Face and Neck Lift is usually performed under local anaesthetic, although sedation and general anaesthesia are also available. It is a day case procedure, so you won't need to stay in the hospital overnight.

The surgeon will make short incisions from the front of the ear to behind the ear. The cut is placed in the skin's natural folds and creases, so that is discreet and doesn't cause hair loss. The surgeon performs SMAS-platysma lift, to tighten the muscles of the face and neck and provide natural-looking, long-lasting results.

The surgeon may make a further small incision under the chin. Through this, they will remove any excess fat from the neck and jaw. They will then lift and pull the skin closely over the underlying structures, smoothing the surface and trimming any excess tissue. They will close the wound with fine sutures that will dissolve over time.

How long is the recovery time for a Concept™ Face and Neck Lift?

Following surgery, you will be able to go home, with no drips, drains, or bulky bandages. The Concept™ Lift is much less invasive than traditional Face and Neck Lift surgery, which can cause significant facial trauma, making it difficult to work and socialise for up to eight weeks.

You will have minimal bruising, swelling, or scarring following the Concept™ Face and Neck Lift. Most people can return to their regular routine within a matter of days. However, it's important to remember that although on the outside, you will look healthy and healed, your body will still need to allow six to eight weeks for your body to recover fully.

Quick glance guide to the Concept™ Face and Neck Lift

Procedure Time: 2-3 hours

Back to Work: 1 week

Anaesthetic: Local anaesthetic. Sedation and general anaesthetic also available

Hospital stay: No

Treats: Loose skin, deep lines, sagging jowls & jawline

Why choose Bella Vou for your Concept™ Face and Neck Lift

The revolutionary Concept™ Face and Neck Lift is exclusively available at Bella Vou. The innovative, trademarked technique was developed by the clinic's renowned cosmetic surgeons as a less invasive alternative to traditional Face and Neck Lift surgery and attracts clients from across the globe.

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled team is passionate about helping people achieve the results they want, but also making their experience enjoyable and stress-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS) and named among the world's top influencers in cosmetic medicine in the prestigious RealSelf 100 awards. The clinic and

leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Concept™ Face and Neck Lift journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss any concerns you have with your skin and your appearance, the results you want to achieve, and whether the Concept™ Face and Neck Lift can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. We might turn people away, suggest alternative treatments, or we may suggest that they go to a different specialist at another establishment. If someone is uncertain about an operation, we're happy to see them several times, without a consultation charge. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You'll be offered a further appointment with Mr Amir Nakhdjevani before proceeding to surgery. This will give you a chance to discover more about the procedure, find out any risks and complications, and ask any questions you may have.

Preparation for Concept™ Face and Neck Lift

The team at Bella Vou will give you advice on pre-operative preparation to reduce your risk of complications and improve your recovery.

It's vital to let your surgeon know if you're on any medications. You may be asked to stop taking aspirin or anti-inflammatory tablets, which can increase the risk of bleeding and bruising. It's also essential to stop smoking cigarettes and e-cigarettes; they can promote wrinkling and disturb the normal healing process.

On the day of your surgery, you'll be personally welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. As you will be awake throughout the surgery, you will be greeted by your surgeon. They will chat with you throughout the procedure so that your experience is relaxed and stress-free.

What happens in the Concept™ Face and Neck Lift Surgery?

The surgeon will perform your Face and Neck Lift under local anaesthetic. It is done as a day case procedure, meaning you won't need to stay in hospital overnight. They will inject local anaesthetic so that the area rapidly becomes numb. You will feel a little movement and pressure, but the procedure will be pain-free.

The surgeon will make short cuts that extend from the front of the ear to behind the ear. The incision is placed in the skin's natural creases so that it is discreet and doesn't cause hair loss. The surgeon performs an SMAS-platysma lift to tighten the muscles of the face and neck and provide long-lasting results that look natural.

The surgeon may make a further small incision under the chin. Through this, they will remove any excess fat from the neck and jaw using innovative Vaser Liposculpture. The device liquefies excess fat and sucks it out to slim and contour the neck and jawline.

The surgeon will then lift and pull the skin closely over the underlying structures, smoothing the surface and trimming any excess tissue. They will close the wound with fine sutures that will dissolve over time.

Recovery from Concept™ Face and Neck Lift

After the operation, you can relax in the comfort of Bella Vou's recovery suites. The supportive staff will offer you refreshments and explain your aftercare.

You'll be able to go home the same day with no drains, drips, or bandages. One of the Bella Vou team will give you a call the day after surgery to make sure you're well, have had a good night, and to answer any questions.

After a week, a nurse and wound care specialist will check your scar and make sure you're fit and healing well. At around six weeks, your surgeon will check your progress. At six months, the team will see you again to ensure that you remain healthy, well, and happy with your results. However, if you're worried, the staff are always on hand to answer questions on the phone or in person.

FAQs

Isn't it frightening having a Face and Neck Lift while you're awake?

Most of Bella Vou's patients find the experience relaxing and stress-free. We are cautious about making sure the area is completely numb, and we chat throughout the procedure so that each individual is confident that they are in safe hands.

As a surgeon, it helps me get to know my patients even better and builds a bond with them, which isn't possible with a general anaesthetic. But don't just take my word for it, look at videos of real patient experiences on [YouTube](#), our patients really are Bella Vou's best adverts.

Is there an optimum age for the Concept™ Face and Neck Lift?

The Concept™ Face and Neck Lift is not limited by age, however people in their twenties are unlikely to have the loose skin and age-related changes that can benefit from a Face and Neck Lift. A typical age where people present tends to be around 50, especially for women. That's because the hormonal changes of the menopause can affect the appearance. The majority of Bella Vou's patients age from late 40s to 55 and say that they feel they look tired and want a more refreshed look.

Sometimes people present earlier, in their early forties and the procedure can be successful in the seventies, eighties or even nineties. The advantage of the Concept™ Face and Neck Lift is that it is under local, not a general anaesthetic, making it safer for people with existing medical problems.

I've seen celebrity Face and Neck Lifts that look artificial, like being in a wind tunnel. Could that happen to me?

The Concept™ Face and Neck Lift has been developed to give a fresh and natural look. This type of Face and Neck Lift surgery does not result in the very tight, mask-like appearance that some traditional Face and Neck Lifts can create. It is also not intended to make people look 20 years old again, but rather to address the signs of aging that have made you look tired or older than your years.

Following surgery, your friends and family should notice that you look well and fresh, but it should not be immediately apparent that you have had an operation.