

Chin Reshaping Surgery

Surgical procedure to reshape, enhance or reduce the chin

Treatment Overview

What is Chin Reshaping Surgery?

Chin reshaping surgery can take the form of a chin enhancement or reduction with the primary aim of achieving facial balance between the chin, cheeks, nose and forehead, resulting in a natural aesthetic appearance.

Chin reduction or enhancement should not be considered in isolation as frequently the best results could require a combination of chin surgery with [rhinoplasty](#), [cheek surgery](#) or a [brow lift](#) to fully harmonise the facial proportions.

Why have Chin Reshaping Surgery?

If your chin is too prominent, a Chin Reduction can create a harmonious balance between it and the rest of your facial features while if you feel your chin is too small, a Chin Enhancement or Augmentation could improve the proportion of your chin in relation to the rest of your features.

How does a Chin Reduction work?

A prominent chin can be reduced (horizontally) by removing some of the chin bone (a horizontal reduction genioplasty) to create a desired contour or cutting the bone and sliding the chin backwards (a sliding genioplasty) then fixing it into its new position.

How does a Chin Enhancement or Augmentation work?

A small or recessive chin can be enhanced by cutting the bone and sliding the chin forwards (a sliding genioplasty) then fixing it into place. Alternatively, a chin implant can be inserted in front of the chin bone and under the muscles in a specially created pocket.

What happens during a Chin Reduction Surgery?

For a reduction requiring the removal of some chin bone (a horizontal reduction genioplasty) a small incision is made inside the lower lip through which the chin bone is recontoured to the desired shape. The incision is then closed using dissolvable sutures that don't need to be removed and no scarring is visible.

For a reduction requiring the chin bone to be slid backwards (a sliding genioplasty) a small incision is made inside the lower lip and the chin bone is cut and slid backwards into the desired

position. Once in place, small titanium plates and screws are used to fix the bone into place. The incision is then closed using dissolvable sutures that don't need to be removed and no scarring is visible.

What happens during a Chin Enhancement or Augmentation Surgery?

For an enhancement requiring the chin bone to be slid forwards (a sliding genioplasty) a small incision is made inside the lower lip and the chin bone is cut and slid forwards into the desired position. Once in place small titanium plates and screws are used to fix the bone into place. The incision is then closed using dissolvable sutures that don't need to be removed and no scarring is visible.

For a chin enhancement requiring a chin implant, an incision is made under the chin with the specially designed implant inserted between the bone and muscle. The incision is then closed using dissolvable sutures that don't need to be removed.

How long is recovery from Chin Reshaping Surgery?

The dissolvable sutures don't require removal and usually takes four months to fully dissolve. You can resume light activities in two weeks post-surgery and return to driving 3 weeks post-surgery. Physical work or sports should only be resumed 6 weeks post-surgery.

What will the scars look like?

For reductions or enhancements with incisions inside the lower lip, scars will be hidden within the mouth. For chin implants, the scars are placed below the chin, this scar will eventually fade to a fine white line.

At a glance

Anaesthesia: General Anaesthetic

Duration: 3 Hours

Hospital stay: No

Recovery: Light activities 2 weeks, Driving 3 weeks, Physical work & sports 6 weeks

Treats: Oversized or undersized chin to achieve more proportionate facial structure

Why choose Bella Vou for Chin Reshaping Surgery?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards. The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

FAQs

Who is the best candidate for a Chin Reshaping Surgery?

The ideal candidate for a chin reshaping surgery is someone who doesn't like the way their chin looks and feels self-conscious about one or more aspects of it. Often the chin can appear too large or too small and out of keeping with other facial features.

Is there an ideal age for a Chin Reshaping Surgery?

Ideally chin surgery patients are aged between 20 and 40 years old, this is the time when your facial skin is still mostly elastic and is able to accommodate surgical procedures without complications.

There is no predetermined cut-off age for having chin surgery though. A fit and healthy elderly patient could still have chin surgery with minimal to no complications.

Is Chin Reshaping Surgery painful?

You won't feel any pain during the procedure as you will be under a General Anaesthetic. You may experience mild discomfort for 1 to 2 weeks which can be managed with pain medication supplied by us at discharge. You may experience swelling and bruising for up to 3-weeks after your surgery.

Your Chin surgery Journey at Bella Vou

Step 1: Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have, the results you want to achieve, and whether Chin Reshaping Surgery can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says: *'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'*

Step 2: Meet your Surgeon

You will be offered a further appointment with your consultant before progressing to surgery to discuss the chin reduction or enhancement procedure in more detail, as well as details of preparation and recovery.

Step3: Preparation for Chin Reshaping Surgery

The staff at Bella Vou will advise you on any pre-operative preparations to reduce your risk of infection and help your recovery.

You may be asked to stop taking aspirin or anti-inflammatory medication, which can increase the risk of bleeding. It's important to stop smoking cigarettes and e-cigarettes, which can impede the healing process.

You will be advised about the time to start fasting, should you require a general anaesthetic for your surgery.

On the day of your surgery, you'll be welcomed to Bella Vou and checked into one of our beautifully appointed recovery suites before being escorted to the state-of-the-art operating theatre.

Step 4: What happens during Chin Reshaping Surgery?

The detail of what will take place during your chin surgery will vary depending on what you're looking to address.

Chin Reduction: For a chin reduction requiring the removal of some chin bone (a horizontal reduction genioplasty) a small incision is made inside the lower lip through which the chin bone is recontoured to the desired shape. For a reduction requiring the chin bone to be slid backwards (a sliding genioplasty) a small incision is made inside the lower lip and the chin bone is cut and slid backwards into the desired position. Once in place small titanium plates and screws are used to fix the bone into place. The incision is then closed using dissolvable sutures that don't need to be removed and no scarring is visible.

The Consultant Plastic Surgeon will go through your specific surgical requirements in great detail during your consultation.

Chin Enhancement or Augmentation: For an enhancement requiring the chin bone to be slid forwards (a sliding genioplasty) a small incision is made inside the lower lip and the chin bone is

cut and slid forwards into the desired position. Once in place small titanium plates and screws are used to fix the bone into place. The incision is then closed using dissolvable sutures that don't need to be removed and no scarring is visible.

For a chin enhancement requiring a chin implant, an incision is made under the chin with the specially designed implant inserted between the bone and muscle. The incision is then closed using dissolvable sutures that don't need to be removed.

Step 5: How long is recovery from Chin Reshaping Surgery?

The dissolvable sutures don't require removal and usually take four months to fully dissolve. You can resume light activities in two weeks post-surgery and return to driving 3 weeks post-surgery. Physical work or sports should only be resumed 6 weeks post-surgery.

Bella Vou staff will closely monitor your recovery. A week after surgery, the wound care specialist and nurse will check your scar. Your surgeon will check it again around six weeks after surgery.