

Lumps, Bumps, and Mole Removal Surgery

What is Lumps, Bumps, and Mole removal?

Many different lumps and bumps can appear on the skin of the face and body. The lesions can be present from birth, may develop over time, or appear as a consequence of other diseases. If you're concerned about a mole, tag, or skin growth because it's unsightly, irritated or changing appearance, Bella Vou provides expert lumps, bumps, and mole removal, without waiting lists.

The plastic surgeons at Bella Vou have extensive experience and expertise in excising skin lesions and minimising scarring. The clinic also provides specialist pathology analysis to check for evidence of cancer and other abnormalities.

Why have Lumps, Bumps, and Mole Removal Surgery?

Most lumps, bumps, and moles are harmless. However, they can look unsightly or catch on clothing. If your lump or bump bothers you, or you're worried about what it is, the plastic surgeons at Bella Vou can remove the lesion and alleviate your concerns.

More extensive lesions and moles that have changed need assessment to exclude cancer. It's vital to seek expert advice if a mole has uneven colouration or irregular edges, is increasing in size, bleeding, crusty, or is itchy, sore, or inflamed. Your surgeon will assess the lump and arrange careful removal and analysis, or recommend a specialist review.

What happens in Lumps, Bumps, and Mole Removal Surgery?

At Bella Vou, lumps, bumps, and mole excision is carried out under local anaesthetic. It is a day case procedure, so you will not need to stay in hospital overnight.

The cosmetic surgeon will make an incision around the lump or bump. They will carefully remove the ellipse-shaped patch of skin that contains the lesion and suture the wound closed. The stitches are absorbable and do not need removal.

The scar will be a fine, straight line, which will follow the body's natural folds and creases so that it is discreet and unobtrusive. The sample is sent to the pathology laboratory to check that there's no evidence of cancer.

How long is the recovery for Lumps, Bumps, and Mole Removal Surgery?

After Lumps, Bumps, and Mole Removal Surgery most people can go home, it's sensible to take it easy and recover for the rest of the day, and you should avoid bending or heavy lifting for two weeks

The team at Bella Vou is on hand following surgery to offer you a drink or a snack and answer any questions.

Quick glance guide to Lumps, Bumps and Mole Removal Surgery

Procedure Time: 40 mins - 1 hour

Recovery: After 1 day you can usually return to work

Anaesthetic: Local Anaesthetic

Hospital stay: No overnight stay

Treats: Lumps, bumps, moles and other skin lesions

Why choose Bella Vou for your Lumps, Bumps, and Mole Removal Surgery?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff can arrange your skin lesion removable in a comfortable and hassle-free environment.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS) and named among the world's top influencers in cosmetic medicine in the prestigious RealSelf 100 awards. The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Lumps, Bumps and Mole Removal Surgery journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultation is an opportunity to discuss your concerns about your skin lump or bump.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. We might turn people away, suggest alternative treatments, or we may suggest that they go to a different specialist at another establishment. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You will be offered another appointment with your surgeon before the procedure, should you have any questions or concerns.

Preparation for lumps, bumps and mole removal surgery

No specific preparation is needed before mole, lump, and bump removal. However, you may be asked to stop taking some medicines such as aspirin and ibuprofen to prevent bruising and bleeding. Quitting smoking can help improve wound healing and prevent complications.

On the day of your surgery, you'll be personally welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre, where your surgeon will greet you.

What happens during lumps, bumps and mole removal surgery

The cosmetic surgeon carefully cleanses the skin and injects the local anaesthetic to ensure the area is numb.

The surgeon makes a small elliptical incision in the skin around the lump or bump. They will carefully remove the patch of skin containing the lesion and stitch the wound closed. The sutures are hidden under the skin and absorbable, so they do not need removal.

The wound will be a fine, straight line, which follows the body's natural creases and expression lines so that the scar is unobtrusive. Following surgery, the wound is covered with a simple dressing.

Recovery from Lumps, Bumps, and Mole Removal Surgery

You can go home on the day of the procedure. It's essential to rest on the day of surgery; your recovery will depend on the size and position of the lesion.

In general, you should avoid bending or heavy lifting for two weeks. After this, you can introduce gentle exercise, increasing activity as your fitness increases, and any discomfort eases.

The sample is sent to a pathology laboratory to look for cancer and other abnormalities; this can take up to a month.

The staff at Bella Vou will carefully monitor your recovery. If you have any questions or concerns, the team are always on hand to offer support, day and night. You will have a follow-up appointment with your surgeon at around four weeks to discuss your results, and check your wound and your recovery.

FAQs

Should all lumps be removed?

It's not necessary to remove all lumps and bumps. Some skin cancers can present as lumps but generally, tend to have a change in the overlying skin as well. A lump that is under the skin, which is quite small and moves on pressing it, is commonly either a lipoma or a cyst. These are amenable to removal by surgery under a local anaesthetic.

Will I be left with a scar?

All surgery leaves scarring. Our surgeons will do their utmost to ensure the scar is as small and discreet as possible, but it will also be dependent on where the lesion is. Plastic surgeons, like the specialists at Bella Vou, are expert in making incisions and suturing in ways that minimises scarring.

Should I be worried that the lesion is cancer?

Not all lesions are cancer; therefore, the chances of this are quite low. The many lesions that do grow and cause a nuisance tend to be benign (non-cancerous). But, if there is a lesion that concerns you, then you should have it checked out.

At Bella Vou, our surgeons are very experienced in dealing with skin cancers. Collectively, they have removed over 3000 lesions and reconstructed these with either direct straight-line closure, skin grafts, or local flaps. Therefore, you will be reassured that when you are assessed, they will examine the lesions appropriately and suggest the necessary treatment.

If the lesion does look suspicious, then when the lesion is removed, it will be sent to the laboratory to be assessed under a microscope. This will allow a definitive diagnosis and determine if any further surgery is warranted.