

## **Breast Implant Replacement**

***Surgery to replace faulty implants, correct contractures, and restore an attractive breast contour***

### **What is Breast Implant Replacement?**

Breast Implant Replacement is specialist surgery to remove and replace implants that have developed problems or are cosmetically unacceptable.

Implant replacement can remove faulty, infected, or ruptured implants, improve the appearance of breasts with capsular contracture, and replace implants that are visible, uneven, or the wrong size.

### **Why have Breast Implant Replacement?**

Increasing numbers of women are dissatisfied with their breast implants because of botched surgery, capsular contracture, breast asymmetry, or implants that can be seen or felt.

Some women are unhappy with the size or shape of their new breasts and want bigger or smaller implants that are more in proportion with their bodies. Also, there have been high profile reports about faulty PIP implants that need to be removed for health and wellbeing.

It can be worrying when you need revision surgery. However, Bella Vou offers the highest standard of specialist surgery by skilled, accredited plastic surgeons. You can be reassured that you will be given the very best care and treatment to get healthy, attractive, and natural-looking breasts.

### **What happens in Breast Implant Replacement?**

At Bella Vou, Breast Augmentation is performed under general anaesthetic. You will need to stay in the hospital overnight so that your healthy recovery can be monitored.

The surgeon will make an incision in the crease under the breast and excise any lumpy or puckered scar tissue. They will remove the existing implant and carefully cut away any capsule that is constricting the implant, making it feel hard and look unnatural.

The consultant will create a new pocket in the tissues to hold the new implant. If there is no evidence of infection, a fresh implant can be inserted, and the incisions stitched closed.

If there is an infection, it's essential to treat this before inserting the new implants. The surgeon will close the wound, then arrange another operation to replace the implants when you have recovered fully from the infection.

## **How long is the recovery from Breast Implant Replacement?**

Breast Implant Replacement is more complicated than initial Breast Augmentation surgery. Some pain, swelling, and bruising are normal after the operation. You may notice that this more significant than following your first procedure.

You will be given a sports bra to support your breasts, reduce swelling, and keep you comfortable. Pain and swelling will progressively settle over the first few weeks.

You can gradually reintroduce normal activities. But it's important to take things easy and be sensible. Avoid too much arm movement, excess exertion, and heavy lifting should be avoided for between four and six weeks. By six weeks, you should be back to your usual routine.

## **Quick glance guide to Breast Implant Replacement**

**Recovery: 1-2 weeks**

**Anaesthetic: General anaesthetic**

**Hospital stay: Overnight stay**

**Treats: Capsular contracture, infected implants, removal of PIP implants and ruptured implants**

## **Why choose Bella Vou for your Breast Implant Replacement?**

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want, but also making their experience enjoyable and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS). The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care, cleanliness, and infection control.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the skills and professionalism of the staff and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra charges.

***Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.***

## **Your Breast Implant Replacement journey at Bella Vou**

### **Free, no-obligation consultation**

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon. There is no obligation to proceed to treatment. The consultation is an opportunity to discuss the problems you have with your breasts and receive an impartial professional opinion. The plastic surgeons will assess you to determine whether you need to have the implants removed and the results you can expect. Mr Amir Nakhdjevani says:

*'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'*

### **Meet your surgeon**

You will be offered a further appointment with your surgeon before proceeding to Breast Implant Replacement. This will give you a chance to find out more about the procedure and to ask any questions you may have.

### **Preparation for Breast Implant Replacement**

You'll be given individual pre-operative advice to reduce your chance of bleeding, bruising and infection, and support your healthy recovery.

It's important to let your surgeon know if you're on any prescription or over-the-counter medications. You may be asked to stop taking aspirin or anti-inflammatory tablets, which can increase the risk of bruising. It's also important to stop smoking cigarettes and e-cigarettes before and after surgery because they can disrupt the healing process. The Bella Vou team will let you know when to fast in preparation for your general anaesthetic, as soon as they've set your operation time.

On the day of your surgery, you'll be welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre.

### **What happens during Breast Implant Replacement?**

Breast Implant Replacement is performed under general anaesthetic. You will need to stay in the hospital overnight so that your recovery can be monitored.

The surgeon will make an incision in the crease under the breast and carefully cut away any puckered, lumpy, or unattractive scar tissue. They will remove the existing implant and excise any capsule that has formed around the implant.

The consultant will dissect the tissue to create a new envelope in which to place the new implant. If there is no evidence of infection, a fresh implant can be inserted, and the incisions stitched closed.

It's vital to treat any infection before inserting new implants. If you have an infection, the surgeon will close the wound. They will prescribe antibiotics to clear the infection, then arrange another operation to replace the implants when you have fully recovered.

Your consultant will stitch the incision closed with absorbable sutures that don't need to be removed. Finally, the wound will be covered with a simple dressing.

## **Recovery from Breast Implant Replacement**

You will need to stay in hospital overnight. The staff at Bella Vou will offer analgesia, carefully monitor your recovery, and provide support every step of the way.

Pain, swelling, and bruising are normal following surgery. You will be given a soft sports bra to support your breasts, reduce swelling, and keep you comfortable as you heal.

After a week, the nurse and wound care specialist will check your breasts, examine the scars, and assess your general wellbeing. The soreness and swelling will gradually settle over three weeks. After two weeks, you will be able to reintroduce normal activities slowly. However, excess arm movement, exertion, and avoid heavy lifting should be avoided for up to six weeks.

At around six weeks, your surgeon will check your progress and ensure that you are healthy and happy with your results. You should be back to your usual routine by this stage. At around three months, the breasts will have softened, and you should be able to see the final results. The Bella Vou staff are always available if you have questions or worries at any time.

## **FAQs**

### **Will you replace implants that have been done elsewhere?**

Yes. The surgeons at Bella Vou are highly skilled and experienced in revision breast surgeon. Like many other aesthetic plastic surgeons, they are seeing more people that need revision surgery following botched surgical procedures. This can be because of poor technique, not correctly selecting the operation for an individual's needs and surgical tourism. Bella Vou offers the highest standard of treatment by experienced and accredited surgeons so that you can be reassured that you will be given the very best care and attention.

### **How do I know if I have a capsular contracture?**

Capsular contracture makes the breast firm to touch, and they may change shape, or alter position on the chest wall. The breasts can be asymmetrical, and they may feel tender or painful.

If you are worried about your implants, make an appointment with the experienced surgeons for expert assessment and advice.

### **Should all implants be replaced after ten years?**

Specialists used to say that implants only lasted ten years, after which time they were at risk of leaking or changing shape. However, with improved modern implants, there is less of a risk. The implants seem to be safer and last much longer.

The consultant at Bella Vou will explain all the advantages and disadvantages of the procedure. If you are worried about your implants, make an appointment for assessment and advice.