

Bespoke Face and Neck Rejuvenation

Customised cosmetic surgery to treat the signs of ageing and restore a natural and youthful appearance

What is Bespoke Face and Neck Rejuvenation?

Each individual is different. We all have differing concerns about our skin, our appearance, and the impacts of ageing. Whether you're worried about hooded eyes, loss of jaw definition, wrinkles, jowls or skin sagging, the leading cosmetic surgeons at Bella Vou can provide customised face and neck surgery, targeted to your needs.

Bella Vou offers bespoke packages of cosmetic care, designed to create a refreshed, natural and rejuvenated appearance.

Most people have busy lives and can't afford long periods for rest and rehabilitation after surgery. Procedures are combined, with a focus on innovative techniques that are less invasive, for smaller scars and a rapid recovery. You can quickly return to normal activities, looking and feeling great.

Why have Bespoke Face and Neck Rejuvenation?

Ageing is an inevitable part of life. Expression lines can add character and charm to your appearance. But some wrinkles, bags and facial drooping can also make you look tired and grumpy, even when you're well.

If skin-ageing is disturbing your self-esteem and affecting your personal and professional lives, Face and Neck Rejuvenation at Bella Vou can offer a solution. Expert aesthetic surgery can lift, tighten and revitalise the eyes, face and neck, restoring confidence and a defined, fresh and youthful contour.

What happens in Bespoke Face and Neck Rejuvenation?

At Bella Vou Face and Neck Rejuvenation is bespoke. It is designed to target your individual concerns. The specialist surgeons will tailor a personal programme of care, with procedures combined so that surgery is more time and cost-effective for you. Procedures can include:

Concept Facelift

A revolutionary Facelift technique developed by Bella Vou. The surgeon lifts and tightens the skin and muscles of the face and neck to create a more fresh and youthful appearance. The procedure is less invasive than traditional facelifts, resulting in less downtime, smaller scars and a quicker recovery.

Neck lift

A Platysmaplasty is a procedure to lift, smooth and tighten the neck and jawline. The surgeon removes loose skin, lifts sagging muscles and reduces excess fat to make the area look more defined and youthful.

Eyelid surgery

Blepharoplasty is an operation to remove sagging skin and bags from around the eyes. The surgery can treat the upper or lower lids, correcting any puffiness to give a brighter, open-eyed and rejuvenated appearance.

Vaser Liposculpting

VASER™ is an innovative minimally-invasive procedure to remove areas of fat from the neck and lower face, reshaping and adding definition to the jawline.

Renuvion

Renuvion is a ground-breaking treatment that uses plasma energy to tighten the skin without invasive surgery. The cosmetic surgeons use it in combination with **VASER™** to slim, smooth and tighten the lower face, neck and jaw.

How long is the recovery from Bespoke Face and Neck Rejuvenation?

The recovery will depend on the procedures you have had, as well as your general health and wellbeing. The team at Bella Vou will monitor your rehabilitation, provide individual advice about aftercare, and support you every step of the way.

You will have an appointment after one week, so that the nurse and wound care specialist can check your scar and that everything is healing well. At six weeks the surgeon will assess your progress and, at around six months, you will have a final review to ensure your healthy and happy with your results.

Quick glance guide to the Face and Neck Rejuvenation Surgery

Procedure Time: 1-4 hours

Back to Work: 1 week

Anaesthetic: Local anaesthetic. Sedation and general anaesthetic also available

Hospital stay: No

Treats: Loose skin, deep lines, eye bags, sagging jowls and jawline

Your Bespoke Face and Neck Rejuvenation journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon with no obligation to proceed to treatment. The consultant will discuss your concerns and the results you would like to achieve, then thoroughly examine your face and neck.

The aesthetic surgeon will check the skin elasticity, look for jowls and bags, and identify areas with loose skin, excess fat or sagging. In careful consultation with you, they will tailor a treatment programme to achieve your goals.

Bella Vou will always give you an honest and impartial professional opinion. Leading surgeon Mr Amir Nakhdjevani says:

'We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. We might turn people away, suggest alternative treatments, or we may suggest that they go to a different specialist at another establishment. If someone is uncertain about an operation, we're happy to see them several times, without a consultation charge. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Meet your surgeon

You'll be offered a further appointment with Mr Amir Nakhdjevani before proceeding to surgery. This will give you a chance to discover more about the procedures, find out any risks and complications, and ask any questions you may have.

Preparation for Face and Neck Rejuvenation Surgery

The team at Bella Vou will give you a personal preparation plan to reduce the risk of complications and improve your recovery. If you are having a general anaesthetic they'll let you know when to stop eating and drinking ready for surgery.

Let your surgeon know if you're on any medications, especially blood thinning tablets. You may be asked to stop taking aspirin or anti-inflammatory tablets, which can increase the risk of bleeding and bruising. It's also important to stop smoking cigarettes and e-cigarettes, they can promote wrinkling and disturb the healthy healing process.

On the day of your surgery, you'll be personally welcomed to Bella Vou, given a gown to wear and escorted to the state-of-the-art operating theatre. If you will be awake throughout the surgery, you will be greeted by your surgeon, and you can even choose the music you would like to hear during your operation.

What happens in Bespoke Face and Neck Rejuvenation Surgery?

The surgeon can be perform the procedures under local anaesthetic, however sedation and general anaesthetic is available if your prefer. The surgeon carefully injects local anaesthetic, within seconds the area is numb. You may feel some touch or movement but the procedure will be pain-free.

The specific operation will depend on the procedures you are undergoing. Surgery may include:

- **Concept Facelift**
- **Neck Lift**
- **Eyelid surgery**
- **Vaser Liposculpting**
- **Renuvion**

The Surgeon will place the incisions in the natural creases and folds of the body so that the scars heal to be discreet and not noticeable. They will close the wound using fine sutures under the skin. Often the stitches dissolve naturally and don't need to be removed.

Recovery from Face and Neck Rejuvenation Surgery

You will usually be able to go home on the day of the procedure. The staff at Bella Vou will monitor your progress, provide safe effective pain relief and offer support and guidance throughout your recovery.

Some pain, swelling, and bruising are normal with any surgery. The aesthetic surgeons at Bella Vou use less invasive techniques to minimise tissue trauma and bruising.

Most women stay off work for a week; at this stage, the nurse and wound care specialist will check that you're well and inspect your scars. After one week, the nurse and wound care specialist will check your scars and remove any sutures. Most people find that bruising and swelling fades by a week to ten days, the team will offer guidance about how to safely conceal any bruising as you recover.

At around six weeks, your surgeon will check your progress and ensure that you are healthy and happy with your results. However, the Bella Vou staff are always available if you have any questions or concerns in between appointments.

FAQs

I just want to look better. How do I know what surgery I need?

The surgeons at Bella Vou are highly experienced in assessing your face and neck, listening to your concerns and recommending the best surgery for you. They offer a free consultation so that they can understand the results you want to achieve.

Do I have to have surgery on my face and neck?

It's unusual for the neck to show age-related changes without the face also being affected. Surgery in one area often highlights problems elsewhere. You get better results and it is quicker and more cost-effective if you have a face and neck lift at the same time.

The surgeon will carefully evaluate your face and neck, then make recommendations always considering your thoughts, preferences and needs.

Is there an optimum age for a Face and Neck Lift?

Face and Neck surgery at Bella Vou is bespoke and not limited by age. A typical age where people present tends to be around 50, especially for women. That's because the hormonal changes of the menopause can affect the appearance. The majority of Bella Vou's patients age between the late forties and mid-fifties. They say that they feel they look tired and want a more refreshed look.

Sometimes people present earlier, in their early forties and the procedure can be successful in the seventies, eighties or even nineties. The advantage of the Concept™ Face and Neck Lift is that it is under local, not a general anaesthetic, making it safer for people with existing medical problems.

I've seen celebrity Facelifts that look like they're in a wind tunnel. Could that happen to me?

The Concept™ Face and Neck Lift has been developed to give a fresh and natural look. This type of Face and Neck Lift surgery does not result in the very tight, mask-like appearance that some traditional Face and Neck Lifts can create. It is also not intended to make people look twenty years old again, but rather to address the signs of aging that have made you look tired or older than your years.

Following surgery, your friends and family should notice that you look well and fresh, but it should not be immediately apparent that you have had an operation.