

Belly button surgery also known as umbilicoplasty provides a permanent solution to a mis-shapen belly button. Belly buttons can often look unsightly after pregnancy, trauma or due to hernia. Umbilicoplasty improves the cosmesis and relieve any discomfort caused by conditions such as a hernia.

Umbilicoplasty is a cosmetic surgery procedure to change the position, size and shape of your belly button. It's quite common for people to have a hernia around the belly button, that the attachment of the belly button to the deeper tissue is lost. This results in what is commonly known as the 'outie belly button'.

Belly button surgery is a fairly simple cosmetic treatment that can help reshape your belly button under local anaesthetic. Umbilicoplasty involves making a small cut hidden around the rim of the belly button. The under surface of the belly button can then be repaired to maintain the original shape. Similarly, during a hernia repair it is important to reduce the hernia, repair the defect in the abdominal wall and then refashion the belly button to its original shape.

Belly button surgery can provide a simple but permanent solution to improve the appearance of the belly button. Most Umbilicoplasty procedures will take about an hour and can be performed in our clinic as a day case.