

Platelet Rich Plasma injections can regenerate and promote rejuvenation in the face, hair, neck and hands by using patients own plasma and growth factors to target areas of concern. The treatment is convenient and most patients start to see an improvement with 1-2 weeks.

## What is PRP?

Platelet Rich Plasma involves the injection of a patient's own plasma and growth factors into targeted areas by a cosmetic specialist. The small injections of PRP can significantly improve the appearance of skin by regenerating collagen production, which can assist in adding volume, improving fine lines, scar improvement.

PRP therapy is proven to be extremely useful in addressing the concerns about the ageing process which can lead to changes in skin texture, firmness, radiance, volume, flexibility and wrinkle formation. PRP can also address the dark areas under the eyes.

PRP treatment for hair rejuvenation involves the same injection technique into the scalp and the benefits are the promotion of hair density and the acceleration of hair growth in order to improve the appearance of hair thickness and condition.

## At a glance:

Duration: 30 minutes

Anaesthetic: None

Hospital Stay: None

Recovery: None

Addresses: Thinning Hair, Signs of Face and Neck ageing, ageing hands

## Is this right for me?

If you feel that your skin or hair is lacking radiance and the signs of ageing are beginning to take its toll, you may find that your appearance can be refreshed with this simple, convenient treatment. You may be unsure about more complex treatments and perhaps you don't feel ready for anti wrinkle injections or dermal fillers, in which case PRP is the right treatment for you.

## PRP at Bella Vou

PRP is an autologous procedure that involves using the patient's own blood to extract plasma and growth factor which is then injected into the target areas.

The PRP stimulates and accelerates skin regeneration and collagen production by the injections of growth factors. PRP can also be used in conjunction with dermal fillers if additional volume is required.

PRP is selectively and carefully delivered into specific areas with a series of injections. Before the treatment you will be assessed to see if PRP is the right treatment for you. Your specialist will then be able to talk you through the procedure and inform you of what the treatment can achieve.

You can immediately return to your normal daily routine although strenuous activity and alcohol consumption should be avoided for 24 hours post procedure.

The results of PRP can usually be seen between 1-2 weeks post treatment and depending on what area is being targeted will depend on when a repeat treatment is recommended although every 6 months is the usual regime.