

## What the procedure involves

Neck rejuvenation surgeries are usually carried out as a day case and are often combined with a local anaesthetic facelift.

A necklift is performed through an incision, made along the crease of the back of the ear. The tightening of the neck muscle and removal of excess skin, is achieved through this cut. In order to achieve the desired result, a necklift may be suggested, in conjunction with one of the following two procedures.

### *Platysmaplasty*

Often, as we age, our neck muscles separate, causing the appearance of bands running down the throat. Commonly, there are two from the chin downwards.

A small incision is made under the chin, hidden from view, to suture the platysma muscles together, restoring a smoother appearance.

### *Chin Liposuction*

Due to age or genetic predisposition, fatty pockets may distort the contours of the neck and chin. Liposuction, in conjunction with a necklift, removes the fat and tightens the neck, creating a youthful and smooth contour, restoring the definition of the jawline.

## Is this right for me?

Neck surgery can be performed under local anaesthetic and does not require any drains, bulky bandages or a hospital stay.

## Recovery

The usual recovery time is, between 5 - 7 days, and all rigorous activities may be resumed, after 2 weeks. There may be slight bruising, following the platysmaplasty or liposuction however, with good aftercare, this can be minimised.