



Bella You[®]

PANTILES CLINIC

Eyelid Surgery (Blepharoplasty)



Droopy upper eyelids and bags under the lower eyelids can give us a worn and tired appearance. Blepharoplasty, also called eyelid surgery, helps women and men with excess eyelid skin, remove or reposition fat, to give the eyes a more youthful, refreshed look.



Excess upper eyelid skin, is often accompanied by sagging eyebrows, which is best treated by a browlift. Fine wrinkling and crow's feet may require chemical peeling or injectables for additional improvement of lines and wrinkles. Circles beneath the eyes caused by dark pigmentation may be lightened with a bleaching solution or chemical peel. Many patients combine eyelid surgery with other procedures like facelift for more impressive results.

The Procedure

Local anaesthetic is used for upper eyelid surgery. In a minority of cases, general anaesthetic is recommended for lower eyelid surgery.

For lower lid surgery, the incision is made just under the lower eyelashes to remove excess skin and the fat is removed or re-draped to improve the contour of the lower eyelid.



Recovering from Eyelid Surgery

As the procedure is performed under local anaesthetic, you are able to leave straight after.

The incisions for upper eyelid surgery are essentially invisible after healing. An incision is hidden within the natural fold of the upper eyelid for upper eyelid surgery and it is through this incision that excess skin and/or fat are removed. Because the incision follows the natural contour of the upper eyelid, it will be well camouflaged when it is healed. Expect to be bruised and swollen after surgery.

The vast majority of patients need no more than paracetamol and most do not even need that.

After two weeks, it is often difficult to tell that if the patient has had eyelid surgery. People undergoing only upper eyelid surgery generally feel comfortable returning to work after 1 to 1½ weeks. People undergoing lower lid surgery only or both upper and lower lid surgery often take 2 weeks to return to work. Essentially the sutures are removed at 5-7 days when you are seen at our dressing clinic.

| At-a-glance | |
|---------------|--------------------------------------|
| Duration | 1 - 2 hours |
| Anaesthesia | Local anaesthetic |
| Hospital Stay | None |
| Recovery | 1 week |
| Addresses | Droopy eyelids & bags under the eyes |



What *would* you look like?

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