

This is an informed consent that has been prepared to ensure that you understand the common risks associated with cosmetic surgery, its intended benefits, risks and alternatives to treatment.

Prior to any procedure, your surgeon will have conducted a full consultation and given you an opportunity to ask any questions in order for you to best make a decision about whether you wish to proceed with surgery and that the proposed surgery will meet your expectations and achieve the desired outcome. Alternative forms of management consist of not proceeding with surgical treatment. All associated aftercare instructions specific to your procedure will be provided on a separate information sheet.

As with any surgical procedure it is important that you understand the potential risks and complications.

## **Scarring**

Scars will result from surgery and I understand their intended location. Additional scarring can result from poor or decreased wound healing ability. Most scars are barely noticeable although full wound maturation can take up to 12 months. Poor scarring can be treated with the use of silicone sheeting.

## **Bleeding**

A collection of blood around the site of surgery is called a haematoma. Haematoma formation in this type of surgery is extremely unlikely. If a haematoma is large however it may be necessary to undo some of the stitches and wash out the blood clot in order to optimise the final outcome. As post-operative bleeding can delay normal healing and recovery. I understand that every effort is taken to minimise bleeding during surgery.

## **Bruising and Swelling**

Bruising and swelling will result as a consequence of surgery which will settle within the first week of surgery. I understand that my eyes will be puffy and swollen for the first few days post surgery and this has been explained to me.

## **Infection**

Any surgical procedure involves a risk of infection and this has been explained to me. Infection following surgery is uncommon however it is important to follow all postoperative wound care instructions to prevent infection occurring. I understand that all measures will be taken to minimise this risk and that I may require preventative oral antibiotics. I also understand that if an infection was more serious then it may require transfer to a hospital in order to receive intravenous antibiotics

## **Numbness**

It is common to have altered sensation to an area that's had a surgical procedure performed. Numbness in the initial healing phase post surgery is common and normal sensation should resume, to begin with it may feel like pins and needles as the nerves supplying the area recover and any inflammation subsides. Numbness can take anything from 3-6 months to recover and in some instances normal sensation may never return. You may also find that you experience over sensitivity in the operated area. Post-operative massage can assist in resolving both over sensitivity and numbness in most cases.

## **Wound Breakdown**

Occasionally wounds as a result of surgery can be slow to heal or breakdown as a result of infection, poor nutrition or poor blood supply. It is important that you tell your surgeon if you smoke or have any history of poor wound healing or scarring.

Asymmetry

It is impossible for any surgeon to achieve perfect symmetry although every effort will be made to restore symmetry. It is important to understand that the human face and body is normally asymmetrical, therefore perfect symmetry as a result of cosmetic surgery is not always achievable. In some cases further adjustments are required to achieve the desired look.

Under or Over Correction

Occasionally further adjustment surgery is necessary if under or over correction has occurred. Every effort is made to ensure that under or over correction does not occur however this cannot be guaranteed.

Pain

Mild discomfort is common after cosmetic surgery procedures. Mild discomfort can be remedied by the use of painkillers including paracetamol and ibuprofen.

Further Surgery

It is sometimes necessary to perform further surgery if the initial surgery has not addressed all of your concerns or if there are any complications post surgery that require a secondary procedure. It is important that you understand that further surgery is a potential risk of any surgical procedure although is not common.

Additional risks identified to your individual case

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I confirm that I have read, understood and have taken time to consider all of the identified risks as described above, I have also had the opportunity to discuss any additional concerns and questions with my surgeon. I have decided to proceed with the surgery with full knowledge of the risks and intended benefits involved. I certify that I have fully informed my surgeon correctly and to the best of my knowledge of my full medical history and status.

I understand that withholding medical information could lead to complications or problems that may have been prevented if that information were known prior to my surgery.

PRINT NAME (PATIENT)	SIGNED (PATIENT)
PRINT NAME (CLINICIAN)	SIGNED (CLINICIAN)
	DATE