

Anti-Wrinkle Injections

Injections to relax and smooth wrinkles for a fresh, natural and youthful appearance

What are Anti-Wrinkle Injections?

Anti-wrinkle injections are non-surgical treatments that relax facial muscles and smooth lines and wrinkles to refresh and rejuvenate the appearance.

Anti-Wrinkle injections block the chemical mechanism between a muscle and nerve. When precisely injected by an expert practitioner, they are an effective, non-invasive way of reducing the signs of ageing by relaxing facial expressions and smoothing wrinkles.

Bella Vou offers bespoke rejuvenation and comprehensive aesthetic care. The experts will listen to your concerns, perform a detailed examination, and tailor treatments to restore and revitalise your appearance.

Why have Anti-Wrinkle Injections?

Laughing and frowning are a vital part of life. But over time, sun damage, stress, and facial expressions can create lines and creases that don't disappear when your face is at rest.

If you're dissatisfied with your appearance or feel you look tired and grumpy even when you're happy and rested, Anti-Wrinkle injections can help. The injections can treat dynamic wrinkles that develop because of facial expressions. They can smooth frown lines on the forehead, ease number elevens between the brows, and soften crows' feet for a younger, fresher appearance.

Anti-wrinkle injections are temporary treatments; they are effective for three to four months. They can help you look your best for a special occasion, or can become part of your regular anti-ageing maintenance. If you decide to discontinue injections, the effects will fade gradually and naturally.

What happens in Anti-Wrinkle Injections?

Dr Mark or Dr Uma will assess your face to see which facial muscles cause your wrinkles to show. They will discuss any problem areas, plan which muscles to target, and show you before and after photos of other Anti-Wrinkle treatments.

The doctor injects Anti-Wrinkle treatment as an outpatient procedure. No anaesthetic is necessary; however, numbing cream and soothing ice packs are available to reduce discomfort during treatment.

The doctor will ask you to tighten selected facial muscles. They will then precisely inject Botulinum Toxin in a series of targeted microinjections.

How long is recovery from Anti-Wrinkle Injections?

You will be able to get on with your usual activities immediately following the procedure. There may be some small bumps or a little bruising. However, the effects of treatment are usually discreet and unnoticeable.

The effects of Anti-Wrinkle Treatments are not immediate. The injections will take several days to have an impact, and the full results can take two weeks or more. Bella Vou will arrange a follow-up appointment after three weeks. Your consultant will check the results, ask you if you have any problems, and may give you further injections to balance and fine-tune your appearance.

Treatment is temporary. The time the effects last varies between individuals, but most people find that it wears off after around four months.

Quick glance guide to Anti-Wrinkle Injections

Procedure Time: 15 minutes

Recovery: There is no downtime following the procedure

Anaesthetic: Topical anaesthetic cream

Hospital stay: No

Treats: Wrinkles, frown lines, migraine, sweating

Why choose Bella Vou for Anti-Wrinkle Injections?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled team is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your Anti-Wrinkle Injections journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have and the results you want to achieve.

Bella Vou offers a bespoke and holistic rejuvenation service. The specialists will carefully examine your face, checking skin texture and elasticity, volume loss, sagging, lines, and wrinkles. In careful consultation with you, they will tailor a treatment programme. This could include Anti-Wrinkle Injections, Dermal Fillers, Laser Resurfacing, or Chemical Peels, depending on your personal problems, budget, and priorities.

Bella Vou will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdejvani says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Preparation for Anti-Wrinkle Injections

Careful preparation before Anti-Wrinkle injections can reduce bruising and improve results. You should avoid alcohol for a day before treatment, and it's sensible to postpone treatment if you are going to be on your period.

Tell your specialist if you are on any medication. It's essential to stop any herbal medicines for one week before injections. Blood-thinning treatments, including aspirin and ibuprofen, can cause bleeding and bruising. They should be stopped a week before the procedure. Talk to the specialist or your GP if you are concerned.

What happens during Anti-Wrinkle Injections?

Anti-Wrinkle Injections are an outpatient procedure. An anaesthetic is often not necessary, but the Bella Vou team will offer you a topical numbing cream forty-five minutes before treatment.

The specialist will ask you to tense specific facial muscles. This helps the consultant precisely target the treatment, which will be injected in a series of targeted microinjections.

Recovery from Anti-Wrinkle Injections

After the procedure, most people can go home and get on with normal activities. The staff at Bella Vou will be on hand to offer you refreshments and provide advice on aftercare.

You should avoid strenuous activity and alcohol for twenty-four hours following the injection. Don't worry if the effects are not immediately apparent. It takes around

five days for the injection to have an impact, and the full results may not be noticeable for three weeks.

You will have a follow-up appointment after three weeks to review and fine-tune the results. However, the team is always available if you have any questions or concerns.

FAQs

Are there any side-effects from Anti-Wrinkle Injections?

In experienced and skilled hands, Anti-Wrinkle Injections are safe, and side-effects are few. Your consultant will discuss all the potential risks and benefits before treatment.

Some bruising or swelling can occur after injections. The injections can reach more muscles than intended. Excess activity or alcohol consumption can contribute to this in the first twenty-four hours after treatment.

Rarely the injections can cause an eyelid to become lazy, or patients feel that they have an overtreated look where the brow is quite immobile. If this happens, the effects are temporary, and subsequent treatments can be tailored to suit individual variations.

People who have had repeated injections can develop antibodies that stop the toxin from having any effect. Very rarely, an allergic reaction could occur.

Can anyone have Anti-Wrinkle Injections?

Anti-Wrinkle Injections are generally safe. However, some people need to take care. If you are known to have an allergy or if you have myasthenia gravis or a similar neuromuscular condition, you should not have this treatment. You should also avoid treatment if you are pregnant or breastfeeding.

Can I have injectable treatments if I'm pregnant?

If you are pregnant, you should avoid Anti-Wrinkle Injections and Fillers. Although it is a very small concentration and injected locally, there is a theoretical possibility of the medications being absorbed into the bloodstream. Therefore, The specialists at Bella Vou advise against treatment if you are pregnant.

The clinic will ask you to sign a form before your treatment that will specify if you are pregnant or not.

Are there any DOs and DON'Ts after Anti-Wrinkle Injections?

Bella Vou has put together a handy list of DOs and DON'Ts to help you have a safe and healthy recovery:

DOs	DON'T's
Drink lots of water	Drink alcohol; it can increase the swelling and bruising.
Sleep with your head elevated on a couple of pillows.	Lie down or go straight to bed. The Anti-Wrinkle Injections can theoretically trickle to other muscles.
Avoid hot drinks straight after for a couple of hours; this can dilate the blood vessels and result in more bruising.	Do heavy exercise or go to the gym on the same day. This can increase blood pressure and subsequently cause more bleeding and bruising.
Use cold packs on the injection sites to minimise the amount of swelling and bruising.	Rub or massage your face

Do injections hurt?

Your consultant can apply topical anaesthetic cream to numb the skin. However, the injections only sting a little, for a short time, so many people choose to have treatment without any anaesthesia.