

AccuTite™

High-precision, minimally-invasive treatment to tighten and contour the skin in delicate areas

What is AccuTite™?

AccuTite™ is the world's smallest minimally-invasive radiofrequency device. It delivers precisely targeted energy to melt fat and tighten the skin in small or delicate areas of the face and body.

AccuTite™ uses innovative Radio-Frequency Assisted Lipolysis (RFAL) technology. The specialist cosmetic doctors at Bella Vou use AccuTite™ to apply controlled radiofrequency energy under the skin. The energy gently, safely and effectively heats the underlying tissue, liquefying fat so that it can be safely removed, and making the skin tighten and contract.

Bella Vou offers this cutting-edge treatment to firm, sculpt and contour the skin around the eyes, brows, nasolabial folds and knees. AccuTite™ provides exceptional skin contouring results without skin-excision surgery. It also stimulates natural collagen production to give a smoother, fresher and more youthful appearance.

Why have AccuTite™?

If you are worried about loose, sagging or drooping skin but don't want invasive surgery, AccuTite™ and FaceTite™ are safe, effective and minimally-invasive alternatives.

AccuTite™ is designed to precisely target energy to tighten loose skin in delicate and hard-to-reach areas. The aesthetic doctors use the fine AccuTite™ probe to treat eye bags, jowls, pronounced nasolabial folds and wrinkly knees.

What happens in AccuTite™ treatment?

At Bella Vou, your doctor will perform AccuTite™ under local anaesthetic. However, controlled sedation is also available if you are anxious about the procedure. The consultant plastic surgeons can combine AccuTite™ and FaceTite™ treatments with other procedures such as the Concept Facelift, Blepharoplasty or a Brow Lift to achieve the best possible aesthetic results.

The specialist makes tiny punctures in the skin to introduce the AccuTite™ probe. The fine device delivers a highly-precise supply of controlled radiofrequency energy under the skin. This targeted energy gently heats the tissues and melts fat so that the surgeon can safely remove it with suction. The heat also tightens the skin and stimulates collagen production to firm your face, neck or body contour.

How long is the recovery from AccuTite™ treatment?

The recovery following AccuTite™ treatment is much quicker than following a traditional face or body lift surgery or liposuction. You will be able to go home on the day of treatment. The area may feel a little sore, tight and bruised immediately after the procedure. However, most people can get back to work and normal activities in less than a week.

Quick glance guide to AccuTite™ treatment

Procedure Time: Up to an hour depending on the area treated

Back to Work: Up to a week, longer if combined with other procedures

Anaesthetic: Local anaesthetic. Local anaesthetic with sedation

Hospital stay: No

Treats: Loose skin, drooping, eye bags, nasolabial folds

Why choose Bella Vou for your AccuTite™ treatment?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery. The state-of-the-art clinic provides the very latest surgical, cosmetic, and aesthetic treatments in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a very personal touch throughout the client journey. The highly-skilled, professional staff are passionate about helping people achieve the results they want and making their experience enjoyable, stress, and hassle-free.

Bella Vou's leading cosmetic surgeons are recognised by the most highly-regarded aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS) and named among the world's top influencers in cosmetic medicine in the prestigious RealSelf 100 awards. The clinic and leading-edge operating suite are approved and inspected to ensure the highest standards of patient care and assured with exacting standards on cleanliness and infection control safeguards.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is confident in the staff's skills and professionalism and provides a benefit warranty to provide patients with peace of mind. If there is a problem or complication, the client will be looked after throughout, without any extra bills or charges.

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your AccuTite™ treatment journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert, accredited cosmetic surgeon or experienced aesthetic doctor, with no obligation to proceed to treatment.

The consultation is an opportunity to discuss any concerns you have with your skin and appearance, the results you want to achieve, and whether AccuTite™ can help you reach those goals.

Bella Vou will always give you an honest and impartial professional opinion. Mr Amir Nakhdjevani says:

‘We make sure that we advise people correctly about whether surgery is right for them. We treat everyone as if they were our family. At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.’

Preparation for AccuTite™ treatment

Your doctor may ask you to stop taking some medicines such as aspirin and ibuprofen, to reduce your risk of bruising and bleeding. It's also important to quit smoking cigarettes and e-cigarettes to help wound healing and reduce the risk of developing complications.

On the day of your AccuTite™ treatment, a member of the Bella Vou team will welcome you to the clinic, give you a gown to wear and escort you to the state-of-the-art operating theatre.

What happens during AccuTite™ treatment?

Your doctor will carefully clean the skin and numb the area using local anaesthetic. They will wait to ensure you are comfortable, and the anaesthetic is effective before starting the procedure.

Your doctor will make tiny puncture holes to introduce the AccuTite™ device into the skin. The treatment is bespoke. Your specialist will precisely target the procedure to address your areas of concern. The fine cannula probe uses radiofrequency waves to heat the sub-dermal tissues resulting in skin tightening and contraction.

As the tissues get warm, you may notice some popping or crackling sounds; this is normal and signifies that the treatment is working. Treatment of each target zone takes five to fifteen minutes. After this, your doctor may gently aspirate any liquified fat to smooth and define the contour. Finally, they will clean the skin and apply small plasters over the puncture sites. Stitches are not usually needed.

AccuTite™ offers immediately visible contouring and skin tightening. It also stimulates natural collagen production, resulting in ongoing rejuvenation for up to a year following treatment.

Recovery from AccuTite™ treatment

You will be able to go home on the day of treatment, with no drips or drains. The doctor may prescribe a course of antibiotics to prevent any infection and antivirals if you have a history of cold sores.

The Bella Vou team will put on a compression garment to reduce swelling, reduce pain, and help with healing. You should wear the support day and night until you are reviewed in the clinic. One of the Bella Vou team will give you a call the day after surgery to make sure you're well, have had a comfortable night, and answer any questions.

The area may feel sore, bruised and swollen following the procedure. It is also common to experience a little itching, redness, and skin peeling. Keep the skin clean and dry and avoid make-up for the first week. Symptoms will gradually settle, and most people can get back to normal, light activities within a week.

FAQs

How do I know whether I need SkinTite, AccuTite or BodyTite?

Bella Vou offers every patient a free, no-obligation consultation. The expert cosmetic surgeon or aesthetic practitioner will listen to your concerns, discuss your objectives and recommend the best way of achieving your goals.

SkinTite, AccuTite or BodyTite all use the same innovative Radio-Frequency Assisted Lipolysis (RFAL) technology. The different probes are adapted to target different parts of the body better. Your specialist will advise about the best device for your needs and may use a combination of treatments to get the best results and recovery.

Does AccuTite™ leave scars?

AccuTite™ is a minimally-invasive procedure. The doctor inserts the fine probe through small puncture wounds. These usually leave a mark that heals to be almost invisible.

What areas do you treat with AccuTite™?

The specialists use AccuTite™ to treat loose, sagging skin and fatty deposits in small, delicate areas. The aesthetic doctors at Bella Vou successfully treat nasolabial folds, wrinkly knees and eye bags **using the fine** AccuTite™ device.

Can you combine AccuTite™ with other procedures?

Yes, the consultant cosmetic surgeons at Bella Vou use **AccuTite™** in conjunction with other surgical procedures. Mr Amir Nakhdjvani uses it with some of his face and neck lift procedures, including the innovative Concept Face Lift.

Mr Cormac Joyce is trained and skilled in **AccuTite™** and uses the procedure in conjunction with facelifts and mini-facelifts for its contouring and tightening effects.

How long does AccuTite™ take to have an effect?

For many people, AccuTite™ offers instant, visible results. Following treatment, you may notice that the skin is tighter and more toned. However, the effects continue to improve, with most individuals noting skin tightening by 2-3 months. Skin contraction can continue for a year to eighteen months.

How many treatments are needed?

Only one treatment session with AccuTite™ is necessary to achieve results.

How long will I need to be off work?

Your recovery time will depend on your health, your fitness and your job. Some people are fit to return to light, office-based work in a day or two. However, others may need a week or more to rest and recover. Your doctor will provide you with individual advice on your rehabilitation.

Is AccuTite™ safe?

All procedures carry risks. Problems following AccuTite™ are uncommon. Following treatment, some people develop bruising and infection. The specialists at Bella Vou are highly-skilled and work to minimise complications. Nerve bruising can cause numbness; this usually resolves within 8-12 weeks. Permanent nerve damage is thankfully rare, especially in expert hands like the specialists at Bella Vou. If you have any concerns, your doctor will talk you through all the pros and cons of the procedure.