

8-Point Lift

A non-surgical facelift to enhance and lift the face for a natural, youthful appearance

What is the 8-Point Lift?

The 8-Point Lift is a liquid facelift. It's an innovative non-surgical technique that restores facial volume, subtly sculpting and contouring the face and cheeks, giving a younger, fresher, lifted appearance.

In the liquid facelift, injections of hyaluronic fillers replace lost volume, enhancing the normal contour of the cheeks to generate a lifting effect. The procedure softens nasolabial and marionette lines, elevates drooping mouths, and lifts developing jowls to leave you looking refreshed and rejuvenated.

Why have the 8-Point Lift?

Over time, age, weight changes, stress, and sun damage have an increasing impact on our faces. The volume of the face falls, which, together with decreasing skin elasticity, can make everything start to sag, wrinkle, and droop.

Loss of the plump, youthful cheek curves has an impact on the rest of the face. The middle section tends to become flat and elongated; there may be hollowness under the eyes, deep lines between the nose and mouth, and a less defined jawline.

If you look in the mirror and notice increasing signs of ageing, if there are dark shadows under your eyes, or your face looks tired and drawn, an 8-Point Lift can help.

The procedure volumises, lifts, and enhances the face. It restores the natural contours and fullness to lift the mid-face, define the jawline, and revitalise the appearance.

What happens in an 8-Point Lift?

The doctor performs an 8-point Lift as an outpatient procedure, under local anaesthetic. Forty-five minutes before treatment, the team at Bella Vou will apply a topical anaesthetic cream to numb the area and reduce discomfort during treatment.

The specialist injects the filler through a fine needle. It is placed at eight strategic points to replace lost volume and lift the face. Bella Vou provides bespoke rejuvenation, the specific areas, and the amounts of filler used will be customised to your needs.

Following the injections, your specialist will gently massage the area to ensure that the filler is spread evenly.

How long is the recovery from an 8-Point Lift?

There is minimal downtime following the procedure. You will be able to go back to work and get on with your usual activities. However, mild redness, small lumps, and a little bruising are typical for a few days after treatment. The team will advise on follow-up care.

The lift is temporary. The injected fillers act immediately to replenish volume and lift the face, but the hyaluronic acid is gradually reabsorbed by the body's natural processes, remaining effective for around a year.

Quick glance guide to 8-Point Lift

Procedure Time: 30-60 minutes

Recovery: There is no downtime following the procedure

Anaesthetic: Topical anaesthetic cream

Hospital stay: No

Treats: Ageing, loss of volume, facial sagging, eye hollows, nasolabial lines, marionette lines

Why choose Bella Vou for 8-Point Lift?

Bella Vou offers clients a uniquely individual approach to cosmetic surgery and aesthetic treatments. The state-of-the-art clinic provides the very latest procedures in a chic, comfortable, and welcoming environment in the heart of the beautiful historic town of Royal Tunbridge Wells.

Bella Vou is dedicated to providing satisfaction, the highest standards of care, and a personal touch, throughout your treatment journey. The skilled staff is passionate about helping people achieve the results they want and making their experience enjoyable and stress-free.

Bella Vou offers competitively priced packages of care, with no hidden extras. The clinic is approved and inspected regularly to ensure the highest standards of patient care, cleanliness, and infection control.

The staff at Bella Vou are professional, highly qualified, and led by cosmetic surgeons recognised by the most reputable aesthetics and cosmetic surgery associations, including the UK Association of Aesthetic Plastic Surgeons (UKAAPS).

Bella Vou combines cutting-edge treatment and clinical excellence with the luxury, comfort, and discretion of a spa and the hospitality of a five-star hotel.

Your 8-Point Lift journey at Bella Vou

Free, no-obligation consultation

Bella Vou offers every client a free consultation with an expert. The consultation is an opportunity to discuss any concerns you have and the results you want to achieve.

Bella Vou offers a bespoke and holistic rejuvenation service. The specialists will carefully examine your face, checking skin elasticity, volume loss, sagging, and lines or wrinkles. In careful consultation with you, they will tailor a treatment programme to achieve your goals. If there is lots of excess skin or muscle sagging, they may suggest that surgical treatment with a Concept Facelift will provide better, longer-lasting aesthetic results.

Bella Vou will always give you an honest and impartial professional opinion. Leading aesthetic surgeon Mr Amir Nakhdjevani says:

'At Bella Vou, we never pressurise people or try to sell procedures. It's always about giving an honest opinion and honest advice.'

Preparation for 8-Point Lift

Proper preparation before your 8-point lift can reduce bruising and improve your recovery. You should:

- Avoid alcohol a day before treatment.
- Avoid any herbal medication for one week before injections.
- Stop any blood-thinning treatments, including aspirin and ibuprofen, for one week before the procedure.
- Avoid any filler treatments when you have your period.

If you have any questions, the staff at Bella Vou will always be on hand to answer your questions and offer support.

What happens during the 8-Point Lift?

The consultant will perform your 8-Point Lift as an outpatient procedure. Forty-five minutes before treatment, the staff at Bella Vou will apply a topical anaesthetic cream and place cold packs to numb the face and ensure you are comfortable.

The specialist will carefully inject hyaluronic acid filler using a fine needle. It is placed at eight strategic points, including the lower temples, cheeks, tear troughs, nasolabial folds, the corners of the mouth, jawline, and the marionette lines. The specific positions, the volume injected, and the type of filler will depend on your face and your individual concerns.

Following the procedure, your specialist will gently massage the area to ensure that the filler is evenly spread, and there are no lumps or bumps.

Recovery from the 8-Point Lift

After the procedure, you can go home and get on with normal activities. However, the staff at Bella Vou are always on hand to offer you a drink or a snack and answer any questions.

The skin may be a little bruised, swollen and sore for a few days after treatment. You should apply cold packs and sleep with your head raised on a couple of pillows to reduce swelling and bruising. The team will advise on follow-up care and offer support and guidance at any time.

FAQs

I've seen celebrities that look puffy and fake after fillers. How do I know that won't happen?

The specialists at Bella Vou have a light hand and in-depth knowledge of anatomy. They will carefully place the filler so that it addresses your concerns.

Small amounts of filler smooth and soften wrinkles, but putting too much into the lower face can make you look puffy, square, and unnatural. Over-injecting the upper face can change your appearance and make you look like a chipmunk.

The consultant will carefully replace volume and maintain facial balance. They will inject small amounts at a time, gradually increasing to restore a natural-looking youthful contour.

Can I wear make-up after the 8-Point Lift?

On the day of treatment, you should not apply make-up on the area to be treated. You can use make-up again, as usual, the day after your filler treatment.

Can the 8-Point Lift be reversed?

If you don't like the look of your face after the hyaluronic acid has been injected, the treatment can be reversed by injecting an enzyme which dissolves most types of filler.